Study Scheme & Syllabus of

Bachelor of Optometry

(Semester I - VI)

Batch 2021 Onwards

By

Board of Studies

I K GUJRAL PUNJAB TECHNICAL UNIVERSITY
KAPURTHALA

IK Gujral Punjab Technical University

VISION

To be an institution of excellence in the domain of higher technical education that serves as the fountainhead for nurturing the future leaders of technology and techno- innovation responsible for the techno-economic, social, cultural and environmental prosperity of the people of the State of Punjab, the Nation and the World.

MISSION

To provide seamless education through the pioneering use of technology, in partnership with industry and society with a view to promote research, discovery and entrepreneurship and to prepare its students to be responsible citizens of the world and the leaders of technology and techno-innovation of the 21st Century by developing in them the desirable knowledge, skill and attitudes base for the world of work and by instilling in them a culture for seamlessness in all facets of life.

OBJECTIVES

To offer globally-relevant, industry-linked, research-focused, technology- enabled seamless education at the graduate, postgraduate and research levels in various areas of engineering & technology and applied sciences keeping in mind that the manpower so spawned is excellent in quality, is relevant to the global technological needs, is motivated to give its best and is committed to the growth of the Nation;

To foster the creation of new and relevant technologies and to transfer them to industry for effective utilization;

To participate in the planning and solving of engineering and managerial problems of relevance to global industry and to society at large by conducting basic and applied research in the areas of technologies. To develop and conduct continuing education programmes for practicing engineers and managers with a view to update their fundamental knowledge base and problem-solving capabilities in the various areas of core competence of the University;

To develop strong collaborative and cooperative links with private and public sector industries and government user departments through various avenues such as undertaking of consultancy projects, conducting of collaborative applied research projects, manpower development programmes in cutting-edge areas of technology, etc;

To develop comprehensive linkages with premier academic and research institutions within the country and abroad for mutual benefit;

To provide leadership in laboratory planning and in the development of instructional resource material in the conventional as well as in the audio- visual, the video and computer-based modes;

To develop programmes for faculty growth and development both for its own faculty as well as for the faculty of other engineering and technology institutions;

To anticipate the global technological needs and to plan and prepare to cater to them;

To interact and participate with the community/society at large with a view to inculcate in them a feel for scientific and technological thought and endeavour; and

To actively participate in the technological development of the State of Punjab through the undertaking of community development programmes including training and education programmes catering to the needs of the unorganized sector as well as that of the economically and socially weaker sections of society.

ACADEMIC PHILOSOPHY

The philosophy of the education to be imparted at the University is to awaken the **"deepest potential"** of its students as holistic human beings by nurturing qualities of self-confidence, courage, integrity, maturity, versatility of mind as well as a capacity to face the challenges of tomorrow so as to enable them to serve humanity and its highest values in the best possible way.

TITLE OF THE PROGRAM: Bachelor in OPTOMETRY

YEAR OF IMPLEMENTATION: New Syllabus will be implemented from June 2021 onwards.

DURATION: The course shall be four years, with semester system (6 semesters academic, with two semester's clinical posting). The Choice based credit system will be applicable to all the semesters.

ELGIBILITY FOR ADMISSION: Candidates with 50% marks (5% relaxation for SC/ST) in aggregate in 10+2 with Medical (Physics, Chemistry & Biology)/ Diploma in Optometry with minimum aggregate of 50% marks.

MEDIUM OF INSTRUCTION: English

SYLLABUS OF THE PROGRAM

The syllabus has been upgraded as per provision of the UGC module and demand of the academic environment. The contents of the syllabus have been duly arranged unit wise and included in such a manner so that due importance is given to requisite intellectual and laboratory skills. The application part of the respective contents has been appropriately emphasized.

SCHEME OF THE PROGRAM:

Semester-I

Sr. No.	Course Code	Course Type	Course Title	L-T-P*	Credits	Marks Distribution		Marks
						Internal	External	
1.	BOPT 101-21	Core Theory	Basics of Anatomy-I	3-1-0	4	40	60	100
2.	BOPT 102-21	Core Theory	Basics of Physiology-I	3-1-0	4	40	60	100
3.	BOPT 103-21	Core Theory	Basics of Biochemistry-I	3-1-0	4	40	60	100
4.	BOPT 104-21	Core Practical/Lab	Basics of Anatomy-I Practical	0-0-4	2	60	40	100
5.	BOPT 105-21	Core Practical/Lab	Basics of Physiology-I Practical	0-0-4	2	60	40	100
6.	BOPT 106-21	Core Practical/Lab	Basics of Biochemistry-I Practical	0-0-4	2	60	40	100
7.	BTHU 103-18	Ability Enhancement Compulsory Course (AECC)-I	English	3-0-0	3	40	60	100
8.	BTHU 104-18	Ability Enhancement Compulsory Course-(AECC)	English Practical/Laboratory	0-0-2	1	60	40	100
9.	HVPE-101-18	Ability Enhancement Compulsory Course-(AECC)	Human Values, De-addiction & Traffic Rules	3-0-0	3	40	60	100
10.	HVPE-102-18	Ability Enhancement Compulsory Course-(AECC)	Human Values, De-addiction & Traffic Rules (Lab/Seminar)	0-0-2	1	25	-	25
11.	BMPD 105-18		Mentoring & Professional Development	0-0-2	1	25	-	25
		Total		15-3-18	25	490	460	950

Semester-II

Sr. No.	Course Code	Course Type	Course Title	L-T-P*	Credits	Marks Distribution		Marks
						Internal	External	
1.	BOPT 201-21	Core Theory	Basics of Anatomy-II	3-1-0	4	40	60	100
2.	BOPT 202-21	Core Theory	Basics of Physiology-II	3-1-0	4	40	60	100
3.	BOPT 203-21	Core Theory	Basics of Biochemistry-II	3-1-0	4	40	60	100
4.	BOPT 204-21	Core Practical/Lab	Basics of Anatomy-II Practical	0-0-4	2	60	40	100
5.	BOPT 205-21	Core Practical/Lab	Basics of Physiology-II Practical	0-0-4	2	60	40	100
6.	BOPT 206-21	Core Practical/Lab	Basics of Biochemistry-II Practical	0-0-4	2	60	40	100
7.	EVS 202-18	Ability Enhancement Compulsory Course (AECC)	Environmental Studies	3-0-0	3	40	60	100
8.	BMPD 203-18		Mentoring & Professional Development	0-0-2	1	25	--**	25
		Total		12-3-14	22	365	360	725

*A course can either have four Hrs Lecture or Three Hrs Lecture + One Hrs Tutorial as per requirement

**The Human Values, De-addiction and Traffic Rules (Lab/ Seminar) and Mentoring and Professional Development course will have internal evaluation only.

EXAMINATION AND EVALUATION

THEORY					
S.No.			Weightage in Marks		Remarks
1	Internal Evaluation	Mid-Semester Examination	30	20	MSTs, Quizzes, assignments, attendance, etc. Constitute internal evaluation. Best of two mid-semester exams will be considered for evaluation
2		Attendance	5	5	
3		Assignments	5	5	
4	External Evaluation	End-Semester Examination	60	30	Conduct and checking of the answer sheets will be at the university level.
	Total		**100**	**60**	
PRACTICAL					
1	Internal Evaluation	Daily evaluation of practical performance/ record/ viva voce	30		
2		Attendance	10		
3		Internal Practical Examination	20		
4	External Evaluation	Final Practical Examination	40		
		Total	100		

PATTERN OF END-SEMESTER EXAMINATION

I. **Part A** will be One Compulsory question consisting of short answer type questions [Q No. 1(a-h)] covering whole syllabus. There will be no choice in this question. It will be of 16 marks comprising of **8 questions of 2 marks each**.

II. **Part B** will be comprising of eight questions [2-9]. Student will have to attempt any six questions from this part. It will be of 24 marks with **6 questions of 4 marks each**.

III. **Part C** will be comprising of two compulsory questions with internal choice in both these questions [10-11]. It will be of 20 marks with **2 questions of 10 marks each**.

SEMESTER-I

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 101-21			
Subject Title:	Basics of Anatomy-I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To teach the fundamental concepts of Human Anatomy			

Details of the Course (Human Anatomy)

Unit	Contents	Contact Hours
I	Introduction: Definition of anatomy and its divisions, Terms of location, positions and planes. Embryology of Eye. General Anatomy of Eye: Eye Orbit, Sclera, Cornea, Choroid, Ciliary Body, Iris & Retina. Refractory media: Aqueous Humor, Anterior Chamber, Posterior Chamber, Lens, Vitreous Body, Eyelids, Conjunctiva.	
II	Cardiovascular System: Arteries & veins, Capillaries & arterioles, Heart- size, location, chambers, blood supply of heart, pericardium, Systemic & pulmonary circulation, Major blood vessels of Heart- Aorta, pulmonary artery, common carotid artery, subclavian artery, axillary artery, brachial artery, common iliac artery, femoral artery, Inferior vena cava, portal circulation, great saphenous vein.	
III	Central Nervous System: Brain, regions of brain, Cerebrum, Cerebellum, Brainstem, Cerebral Cortex and Diencephalon. Brain ventricles, Cranial Nerves. Types of Nerve Cells, Nerve Impulse: Conduction & Transmission.	
IV	Musculoskeletal system: Structure of Bone & its types, Joints- Classification of joints with examples; details of synovial joint, Bones & joints of upper limb, lower limb and their movements, Axial skeleton & appendicular skeleton, Skull, spine & its movements, intervertebral disc, Muscles & its types, Muscles of the upper limb, lower limb, trunk and neck.	

Reference Books

S. No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guyton and John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 102-21			
Subject Title:	Basics of Physiology-I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To teach the fundamental concepts of Human Physiology			

Details of the Course (Human Physiology)

Unit	Contents	Contact Hours
I	Gastrointestinal System: Physiological Anatomy, functions of GIT, Salivary Gland-functions of saliva, Stomach- structure and functions, Gastric secretions-composition, functions, Mechanism, Pancreas-structure, functions, composition of Pancreatic juice, Liver-Functions of liver, Bile-Composition, functions, Jaundice-Types and its causes, Gall Bladder- Functions, Intestine- Movements of small and large intestine, Digestion and Absorption of Carbohydrates, Proteins, Fats, Hormones of GIT- Functions of Gastrin, Secretin, CCK-PZ.	12
II	Respiratory System: Physiological Anatomy, Functions of the respiratory system, Types of respiration, respiratory membrane, Lung volumes and capacities, vital capacity and factors affecting it, Transport of Oxygen-Forms of transportation, Oxy-hemoglobin dissociation curve and factors affecting it, Transport of Carbon-Dioxide- Forms of transportation, Hypoxia-Definition, types, effects of hypoxia, Cyanosis-Definition and types, Artificial Respiration- CPR	12
III	Cardiovascular System: Heart-Physiological Anatomy, Nerve supply, Properties of cardiac muscle, Cardiac Cycle-Events –systole, diastole, Cardiac Output-Definition and factors affecting it, Heart sounds-normal heart sounds, its causes, areas of auscultations, Blood Pressure-	10

	Definition, normal value, Physiological variations, its measurement, ECG- normal waves, Shock-Definition, Types.	
IV	Blood: Red Blood Cells- Functions, count, Physiological variations. Erythropoisis-stages, Hemoglobin-Functions, Physiological variations, White Blood cells-Functions, count, morphology, Platelets-count, morphology, functions. Hemostasis-Definition, Mechanism, clotting factors, Blood groups-ABO system, Rh system, Blood transfusion-Indication, transfusion reactions, Anaemias-classification, morphological and Etiological, effects of anaemia on body.	10

Reference Books

S. No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guyton and John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 103-21			
Subject Title:	Basics of Biochemistry-I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To teach the fundamental concepts of cell biology & biochemistry.			

Unit	Contents	Contact Hours
I	Cell: Morphology, structure & functions of cell, cell membrane, Nucleus, chromatin, Mitochondria, Endoplasmic Reticulum, Ribosomes. Carbohydrates: Definition, chemical structure, functions, sources, classifications, Monosaccharides, Disaccharides, Polysaccharides, mucopoloysaccharide and its importance, glycoproteins Lipids: Definition, function, sources, classification, simple lipid, compound lipid, derived lipid, unsaturated and saturated fatty acid. Essential fatty acids and their importance, Blood lipids and their implications, cholesterol with its importance.	12
II	Proteins :Definition, sources, amino acids, structure of protein, their classification, simple protein, conjugated protein, derived proteins and their properties. Enzymes: Definitions, mechanism of action, factors affecting enzyme action, enzyme of clinical importance.	14
III	Nutrition 1) Vitamins: Types, functions and role. 2) Principal minerals and their functions(Ca, P, Mg, Na, K, Cl) 3) Balanced diet, Diet for Chronically and terminally ill patients, post operative patients Bioenergetics: Energy rich compounds, Respiratory chain and	10

	Biological oxidation.	
IV	Carbohydrate Metabolism: Glycolysis, TCA cycle, Glycogen metabolism, Gluconeogenesis, Maintenance of Blood Glucose. Diabetes Mellitus and its complications.	16

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	Lehninger	Principles of Biochemistry	W.H. Freeman & Company, New York
2	Berg, J.M., Tymoczko, J.L. and Stryer L	Biochemistry	W.H. Freeman & Company, New York
3	Voet, D.J., Voet, J.G. and Pratt, C.W	Principles of Biochemistry	John Wiley & Sons, New York
4	Murray, R.K., Granner, D.K., Mayes and P.A., Rodwell, V.W	Harper's Biochemistry	Lange Medical Books/McGraw Hill

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 104-21			
Subject Title:	Basics of Anatomy-I Practical			
Contact Hours:	L:0	T:0	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	To make the students learn practical aspects of Human Anatomy			

Sr. No.	Contents	Contact Hours
I	Histology: • Epithelium: Simple (squamous, cuboidal, columnar, ciliated), Stratified, Transitional • Bone, muscles (skeletal, smooth, cardiac) • Cartilage (hyaline, elastic, fibro cartilage). • Connective Tissue (loose and dense). • Arteries (large & medium sized), Veins. • Demonstration of various parts of Eye • Demonstration of tissues of body • Demonstration of parts of digestive system • Demonstration of parts of Nervous system : Brain & Spinal Cord • Demonstration of parts of respiratory system • Demonstration of various parts of circulatory system (Demonstration from models) • Demonstration of structural differences between skeletal, smooth and cardiac muscles (permanent mounts) • Demonstration of various bones and joints • To study circulatory system from charts and transverse section (TS) of artery and vein from permanent slides. • To study digestive system from charts and TS of liver, spleen and pancreas from permanent slides. • To study various body fluids. Note: Demonstrations can be done with the help of models, charts and histological slides	

Reference Books

S. No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guyton and John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 105-21			
Subject Title:	Basics of Physiology-I Practical			
Contact Hours:	L:0	T:0	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	To make the students learn practical aspects of Human Physiology			

Sr. No.	Contents	Contact Hours
I	Examination of blood film for various blood cells from stained slides. Blood pressure estimation Estimation of Hemoglobin Concentration - Determination of Bleeding Time and Clotting Time - Determination of Blood Groups - Recording of normal Blood Pressure - Clinical Examination of Arterial Pulse - Determination of Vital Capacity	

Reference Books

S. No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guyton and John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 106-21			
Subject Title:	Basics of Biochemistry-I Practical			
Contact Hours:	L:0	T:0	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	To make the students learn practical aspects of Biochemistry			

Sr. No.	Contents
I	1. Safety measures in laboratories. 2. Preparation of normal and molar solutions. 3. Preparation of buffers. 4. Determination of pKa of acetic acid and glycine. 5. Qualitative tests for carbohydrates, lipids, amino acids, proteins and nucleic acids. 6. Separation of amino acids/ sugars/ bases by thin layer chromatography. 7. Estimation of vitamin C.

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	D. Shaheen	Physical Biochemistry	Wiley Blackwell Publishers
2	T. G. Coopers	The Tools of Biochemistry	Wiley India Pvt. Ltd.
3	Voet, D.J., Voet, J.G. and Pratt, C.W	Principles of Biochemistry	John Wiley & Sons, New York
4	Murray, R.K., Granner, D.K., Mayes and P.A., Rodwell, V.W	Harper's Biochemistry	Lange Medical Books/McGraw Hill

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BTHU103-18			
Subject Title:	English			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	To learn effective communication both oral & written.			

Unit	Contents	Contact Hours
I	Theory of Communication Types and modes of Communication	4
II	Language of Communication Verbal and Non-verbal (Spoken & verbal), Personal, Social and Business Barriers and Strategies, Intra-personal, Inter-personal and Group communication	6
III	Reading and Understanding Close Reading, Comprehension, Summary Paraphrasing, Analysis and Interpretation, Translation(from Hindi/Punjabi to English and vice-versa), Literary/Knowledge Texts	10
IV	Documenting, Report Writing, Making Notes, Letter Writing	10

Reference Books

1. Fluency in English - Part II, Oxford University Press, 2006.
2. Business English, Pearson, 2008.
3. Language, Literature and Creativity, Orient Blackswan, 2013.
4. Language through Literature (forthcoming) ed. Dr. Gauri Mishra, Dr Ranjana Kaul, Dr Brati Biswas
5. On Writing Well. William Zinsser. Harper Resource Book. 2001
6. Study Writing. Liz Hamp-Lyons and Ben Heasly. Cambridge University Press. 2006.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BTHU104-18			
Subject Title:	English Practical			
Contact Hours:	L:0	T:0	P:2	Credits:1
Examination Duration (hours)	3			
Objective(s):	To learn effective communication both oral & written.			

Sr. No.	Contents
I	Interactive practice sessions in Language Lab on Oral Communication Listening Comprehension Self-Introduction, Group Discussion and Role Play Common Everyday Situations: Conversations and Dialogues Communication at Workplace Interviews Formal Presentations, Effective Communication/ Mis-communication Public Speaking

Reference Books

1. Fluency in English - Part II, Oxford University Press, 2006.
2. Business English, Pearson, 2008.
3. Practical English Usage. Michael Swan. OUP. 1995.
4. Communication Skills. Sanjay Kumar and Pushp Lata. Oxford University Press. 2011.
5. Exercises in Spoken English. Parts. I-III. CIEFL, Hyderabad. Oxford University Press

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	HVPE-101-18			
Subject Title:	Human Values, De-addiction & Traffic Rules			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	To develop a sense of social responsibility, traffic rules and about menace of drugs.			

Unit	Contents	Contact Hours
I	Course Introduction – Need, Basic Guidelines, Content and Process for Value Education Understanding the need, basic guidelines, content and process for Value Education Self-Exploration–what is it? – its content and process; 'Natural Acceptance' and Experiential Validation-as the mechanism for self-exploration Continuous Happiness and Prosperity- A look at basic Human Aspirations Right understanding, Relationship and Physical Facilities- the basic requirements for fulfilment of aspirations of every human being with their correct priority Understanding Happiness and Prosperity correctly- A critical appraisal of the current scenario Method to fulfil the above human aspirations: understanding and living in harmony at various levels	6
II	Understanding Harmony in the Human Being – Harmony in Myself! Understanding human being as a co-existence of the sentient 'I' and the material 'Body' Understanding the needs of Self ('I') and 'Body' – Sukh and Suvidha Understanding the Body as an instrument of 'I' (I being the doer, seer and enjoyer) Understanding the characteristics and activities of 'I' and harmony in 'I'	6

	Understanding the harmony of I with the Body: Sanyam and Swasthya; correct appraisal of Physical needs, meaning of Prosperity in detail Programs to ensure Sanyam and Swasthya Practice Exercises and Case Studies will be taken up in Practice Sessions.	
III	Understanding Harmony in the Family and Society- Harmony in Human-Human Relationship Understanding harmony in the Family- the basic unit of human interaction Understanding values in human-human relationship; meaning of Nyaya and program for its 22ulfilment to ensure Ubhay-tripti; Trust (Vishwas) and Respect (Samman) as the foundational values of relationship Understanding the meaning of Vishwas; Difference between intention and competence Understanding the meaning of Samman, Difference between respect and differentiation; the other salient values in relationship Understanding the harmony in the society (society being an extension of family): Samadhan, Samridhi, Abhay, Sah-astitva as comprehensive Human Goals Visualizing a universal harmonious order in society- Undivided Society (AkhandSamaj), Universal Order (SarvabhaumVyawastha)- from family to world family! Practice Exercises and Case Studies will be taken up in Practice Sessions	6
IV	Understanding Harmony in the Nature and Existence – Whole existence as Co-existence Understanding the harmony in the Nature Interconnectedness and mutual 22ulfilment among the four orders of nature- recyclability and self-regulation in nature Understanding Existence as Co-existence (Sah-astitva) of mutually interacting units in all-pervasive space Holistic perception of harmony at all levels of existence Practice Exercises and Case Studies will be taken up in Practice Sessions.	4
V	Implications of the above Holistic Understanding of Harmony on Professional Natural acceptance of human values Definitiveness of Ethical Human Conduct Basis for Humanistic Education, Humanistic Constitution and Humanistic	6

	Universal Order Competence in professional ethics: Ability to utilize the professional competence for augmenting universal human order, Ability to identify the scope and characteristics of people-friendly and eco-friendly production systems, Ability to identify and develop appropriate technologies and management patterns for above production systems. Case studies of typical holistic technologies, management models and production systems Strategy for transition from the present state to Universal Human Order: At the level of individual: as socially and ecologically responsible engineers, technologists and managers b) At the level of society: as mutually enriching institutions and organizations	

Reference Books

Text Book

R R Gaur, R Sangal, G P Bagaria, 2009, A Foundation Course in Value Education.

Reference Books

1. Ivan Illich, 1974, Energy & Equity, The Trinity Press, Worcester, and HarperCollins, USA
2. E.F. Schumacher, 1973, Small is Beautiful: a study of economics as if people mattered, Blond & Briggs, Britain.
3. A Nagraj, 1998, Jeevan Vidya ek Parichay, Divya Path Sansthan, Amarkantak.
4. Sussan George, 1976, How the Other Half Dies, Penguin Press. Reprinted 1986, 1991
5. PL Dhar, RR Gaur, 1990, Science and Humanism, Commonwealth Purblishers.
6. A.N. Tripathy, 2003, Human Values, New Age International Publishers.
7. Subhas Palekar, 2000, How to practice Natural Farming, Pracheen(Vaidik) Krishi Tantra Shodh, Amravati.
8. Donella H. Meadows, Dennis L. Meadows, Jorgen Randers, William W. Behrens III, 1972, Limits to Growth– Club of Rome's report, Universe Books.
9. E G Seebauer & Robert L. Berry, 2000, Fundamentals of Ethics for Scientists & Engineers , Oxford University Press
10. M Govindrajran, S Natrajan & V.S. Senthil Kumar, Engineering Ethics (including Human Values), Eastern Economy Edition, Prentice Hall of India Ltd.

11. B P Banerjee, 2005, Foundations of Ethics and Management, Excel Books.

12. B L Bajpai, 2004, Indian Ethos and Modern Management, New Royal Book Co., Lucknow. Reprinted 2008.

Relevant CDs, Movies, Documentaries & Other Literature:

1. Value Education website, http://uhv.ac.in
2. Story of Stuff, http://www.storyofstuff.com
3. Al Gore, An Inconvenient Truth, Paramount Classics, USA
4. Charlie Chaplin, Modern Times, United Artists, USA
5. IIT Delhi, Modern Technology – the Untold Story

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	HVPE102-18			
Subject Title:	Human Values, De-addiction & Traffic Rules Lab/Seminar			
Contact Hours:	L:0	T:0	P:2	Credits:1
Examination Duration (hours)	3			
Objective(s):	To develop a sense of social responsibility, traffic rules and about menace of drugs.			

Sr. No.	Contents
I	One each seminar will be organized on Drug De-addiction and Traffic Rules. Eminent scholar and experts of the subject will be called for the Seminar atleast once during the semester. It will be binding for all the students to attend the seminar.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BMPD 102-18			
Subject Title:	Mentoring & Professional Development			
Contact Hours:	L:0	T:0	P:2	Credits:1
Examination Duration (hours)	3			
Objective(s):	To learn the life long learning skills.			

Sr. No.	Contents
I	Part-A (Class Activities) 1. Expert and video lectures 2. Aptitude Test 3. Group Discussion 4. Quiz (General/Technical) 5. Presentations by the students 6. Team building Exercises 7* A part of above six points practicals on Fundamentals of Computers are also added as per Annexure-I
II	Part-B (Outdoor Activities) 1. Sports/NSS/NCC 2. Society Activities of various students chapter i.e. ISTE, SCIE, SAE, CSI, Cultural Club, etc.

Evaluation shall be based on rubrics for Part – A & B

Mentors/Faculty incharges shall maintain proper record student wise of each activity conducted and the same shall be submitted to the department.

SEMESTER-II

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 201-21			
Subject Title:	Basics of Anatomy-II			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To teach the fundamental concepts of Human Anatomy			

Details of the Course (Human Anatomy)

I	Introduction: Ocular Muscles, Visual Pathways, Sympathetic & Para-sympathetic nervous system, Vascular supply of eye, Lacrimal apparatus, , Aqueous Humor, Vitreous Humor.	
II	Excretory System: Morphology and Anatomy of Human Kidney, Ureters, Urinary Bladder, Urethra. Structure of Nephron: Bowman's Capsule, Proximal Convoluted Tubule, Distal Convoluted Tubule, Collecting Tubule, Loop of Henle, Collecting Duct.	
III	Nervous System: Spinal Cord and Cranial Nerves, Sympathetic and Para-sympathetic Nervous System. Reflex Action and its types, Reflex Arc. Sensory Organs: Morphology and Anatomy of Ear, Tongue and Skin and their receptors.	

Reference Books

S. No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guyton and John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 202-21			
Subject Title:	Basics of Physiology-II			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To teach the fundamental concepts of Human Physiology			

Details of the Course (Human Physiology)

Unit	Contents	Contact Hours
I	Ocular Physiology: Introduction of General Physiology of the eye, Extrinsic eye muscles and their actions (Ocular movements), Vision and its general aspects, Pigments of eye and its photochemistry, Electrophysiology of the eye, Visual acuity, Vernier acuity and its measurement, Visual Perception: Binocular vision, Stereoscopic vision, Scotopic and Photopic vision. Colour vision, Colour defects and Colour mixing. Mechanism of Accommodation.	10
II	Excretory System: Physiological functions of Kidneys and Osmoregulation. Mechanism of Urine formation, Counter-current mechanism, Urea Cycle, Various types of Kidney disorders. Kidney failure and its causes. Haemodialysis.	10
III	Nervous System: Functions of Spinal cord and Cranial nerves. Reflex action and its mechanism, Conditioned and Unconditioned Reflex action, Reflex arc. Mechanism of Nerve impulse generation and its transmission. Transmission of Nerve Impulsa along the nerve fibre and at Synapse. The physiology of various receptors in tongue, nose and skin. Mechanism of hearing in ear.	12
IV	Endocrine System: Hormones and its types, Mechanism of Hormone action, Various hormones secreted by endocrine glands and their functions, Disorders of Endocrine Glands.	8

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C,Guyton and John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 203-21			
Subject Title:	Basics of Biochemistry-II			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To teach the fundamental concepts of cell biology & biochemistry.			

Unit	Contents	Contact Hours
I	Nucleic Acids & its metabolism: Nucleosides, Nucleotides, Purines, Pyrimidines, Structure of DNA & its types (A, B & Z DNA's), RNA & its types, Metabolism of Purines & Pyrimidines and their disorders.	8
II	Metabolism of Fatty Acids: Digestion, absorption of lipids. Chylomicrons, Oxidation of Fatty Acids. Disorders of Fat metabolism, Fatty Liver & its causes. Ketosis & its salient features, causes and diagnosis of Ketosis. Lipoproteins, classification & types of Lipoproteins, LDL & HDL, their functions & clinical applications. Hyperlipidemias and Cardiovascular Diseases.	10
III	Metabolism of Amino Acids: Formation of ammonia, Transamination, Biological significance & clinical significance of Transamination. Transdeamination: oxidative & non-oxidative deamination, Urea Cycle, disorders of urea cycle.	8
IV	Clinical Biochemistry: Water and Electrolyte, Fluid compartment, daily intake and output sodium and potassium balance Hormones: Actions of Hormone Insulin, Glucagon, Thyroid and Parathyroid hormones, Cortical hormones. Acid Base Balance , role of lungs and kidneys,– Regulation of blood pH, acidosis, Alkalosis, Physical Chemistry: Osmosis, Dialysis, Donann membrane equilibirium Liver, Gastric, Pancreatic and Kidney functions tests.	12

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	Lehninger	Principles of Biochemistry	W.H. Freeman & Company, New York
2	Berg, J.M., Tymoczko, J.L. and Stryer L	Biochemistry	W.H. Freeman & Company, New York
3	Voet, D.J., Voet, J.G. and Pratt, C.W	Principles of Biochemistry	John Wiley & Sons, New York
4	Murray, R.K., Granner, D.K., Mayes and P.A., Rodwell, V.W	Harper's Biochemistry	Lange Medical Books/McGraw Hill

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 204-21			
Subject Title:	Basics of Anatomy-II Practical			
Contact Hours:	L:0	T:0	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	To make the students learn practical aspects of Human Anatomy			

Sr. No.	Contents	Contact Hours
I	• Study the Cross Section of Human Eye using Eye model. • Study of the Eye receptor Cells: Rods & Cones through charts. • Demonstration of parts of Human Excretory System using model: Kidneys, Ureter, Urethera. • Study the Structure of Nephron. • Demonstration of parts of Nervous system : Spinal Cord and Cranial Nerves along with Sympathetic & Para-sympathetic Nervous System. • Demonstration of Morphology & Anatomy of Ear, Skin and Tongue using various models. • Demonstration various Endocrine Glands using Charts and Models. Note: Demonstrations can be done with the help of models, charts and histological slides	

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guytonand John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 205-21			
Subject Title:	Basics of Physiology-II Practical			
Contact Hours:	L:0	T:0	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	To make the students learn practical aspects of Human Physiology			

Sr. No.	Contents	Contact Hours
I	• Determine the Field of Vision using Students Perimeter. • Determine the Physiological Blind Spot by Mariotte's Experiment. • Test the distant and close vision using Snellen's chart and Jaeger's chart. • Determine the Color Vision using Ishihara's chart. • Conduct the Rinne's test, Schwabach's test and Weber's test for hearing. • Determine the taste sensation using Strong solutions of sucrose (10 %), sodium chloride (15 %) and weak solutions of acetic acid (1 %), and quinine sulphate (0.1 %). • Calculate the Effective filtration pressure from the given data. • Calculate the Glomerulus Filtration Rate (GFR) using the given data.	

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	Ross & Wilson Anatomy and Physiology	Anne Waugh, Allison Grant	Churchill Livingstone
2	Principles of Anatomy & Physiology	Tortora & Bryan	WILEY
3	Kathleen J.W. Wilson	Anatomy and Physiology in Health and Illness	Churchill Livingstone, New York
4	Arthur C, Guytonand John.E	Text book of Medical Physiology	Hall. Miamisburg, OH, U.S.A

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 206-21			
Subject Title:	Basics of Biochemistry-II Practical			
Contact Hours:	L:0	T:0	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	To make the students learn practical aspects of Biochemistry			

Sr. No.	Contents
I	• Kidney function tests • Renal function tests • Analysis of Normal Urine • Composition of urine • Procedure for routine screening • Common renal disease • Urinary calculus • Urine examination for detection of abnormal constituents • Sugar and Protein levels in Urine

Reference Books

S.No.	Author(s)	Title of the Book	Publisher/Year
1	D. Shaheen	Physical Biochemistry	Wiley Blackwell Publishers
2	T. G. Coopers	The Tools of Biochemistry	Wiley India Pvt. Ltd.
3	Voet, D.J., Voet, J.G. and Pratt, C.W	Principles of Biochemistry	John Wiley & Sons, New York
4	Murray, R.K., Granner, D.K., Mayes and P.A., Rodwell, V.W	Harper's Biochemistry	Lange Medical Books/McGraw Hill

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	B.Sc. in Forensic Sciences			
Subject Code:	EVS202-18			
Subject Title:	Environmental Studies			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	To learn the basics of Environmental issues.			

Details of Syllabus

Unit	Contents	Contact Hours
I	Introduction to Environmental Studies Multidisciplinary nature of Environmental Studies: Scope & Importance Need for Public Awareness Ecosystems Concept of an Ecosystem: Structure & functions of an ecosystem (Producers, Consumers & Decomposers) Energy Flow in an ecosystem: Food Chain, Food web and Ecological Pyramids Characteristic features, structure & functions of following Ecosystems: • Forest Ecosystem • Aquatic Ecosystem (Ponds, Lakes, River & Ocean)	4
II	Natural Resources Renewable & Non-renewable resources Forest Resources: Their uses, functions & values (Biodiversity conservation, role in climate change, medicines) & threats (Overexploitation, Deforestation, Timber extraction, Agriculture Pressure), Forest Conservation Act Water Resources: Their uses (Agriculture, Domestic & Industrial), functions & values, Overexploitation and Pollution of Ground & Surface water resources (Case study of Punjab), Water Conservation, Rainwater Harvesting, Land Resources: Land as a resource; Land degradation, soil erosion and desertification. Energy Resources: Renewable & non-renewable energy resources, use of alternate energy resources (Solar, Wind, Biomass, Thermal), Urban	8

	problems related to Energy	
III	Biodiversity & its conservation Types of Biodiversity: Species, Genetic & Ecosystem India as a mega biodiversity nation, Biodiversity hot spots and biogeographic regions of India Examples of Endangered & Endemic species of India, Red data book Environmental Pollution & Social Issues Types, Causes, Effects & Control of Air, Water, Soil & Noise Pollution Nuclear hazards and accidents & Health risks Global Climate Change: Global warming, Ozone depletion, Acid rain, Melting of Glaciers & Ice caps, Rising sea levels Environmental disasters: Earthquakes, Floods, Cyclones, Landslides	8
IV	Field Work Visit to a National Park, Biosphere Reserve, Wildlife Sanctuary Documentation & preparation of a Biodiversity (flora & fauna) register of campus/river/forest Visit to a local polluted site : Urban/Rural/Industrial/Agricultural Identification & Photography of resident or migratory birds, insects (butterflies) Public hearing on environmental issues in a village	16

Reference Books

1. Carson, R. 2002. Silent Spring. Houghton Mifflin Harcourt.
2. Gadgil, M., & Guha, R.1993. This Fissured Land: An Ecological History of India. Univ. of California Press.
3. Gleeson, B. and Low, N. (eds.) 1999.Global Ethics and Environment, London, Routledge.
4. Gleick, P. H. 1993. Water in Crisis. Pacific Institute for Studies in Dev., Environment & Security. Stockholm Env. Institute, Oxford Univ. Press.
5. Groom, Martha J., Gary K. Meffe, and Carl Ronald Carroll.Principles of Conservation Biology. Sunderland: Sinauer Associates, 2006.
6. Grumbine, R. Edward, and Pandit, M.K. 2013. Threats from India's Himalaya dams. Science, 339: 36--- 37.
7. McCully, P. 1996. Rivers no more: the environmental effects of dams(pp. 29--- 64). Zed Books.
8. McNeill, John R. 2000. Something New Under the Sun: An Environmental History of the Twentieth Century.

9. Odum, E.P., Odum, H.T. & Andrews, J. 1971.Fundamentals of Ecology. Philadelphia: Saunders.

10. Pepper, I.L., Gerba, C.P. & Brusseau, M.L. 2011. Environmental and Pollution Science. Academic Press.

11. Rao, M.N. & Datta, A.K. 1987. Waste Water Treatment. Oxford and IBH Publishing Co. Pvt. Ltd.

12. Raven, P.H., Hassenzahl, D.M. & Berg, L.R. 2012.Environment. 8th edition. John Wiley & Sons.

13. Rosencranz, A., Divan, S., & Noble, M. L. 2001. Environmental law and policy in India. Tripathi 1992.

14. Sengupta, R. 2003. Ecology and economics: An approach to sustainable development. OUP.

15. Singh, J.S., Singh, S.P. and Gupta, S.R. 2014. Ecology, Environmental Science and Conservation. S. Chand Publishing, New Delhi.

16. Sodhi, N.S., Gibson, L. & Raven, P.H. (eds). 2013. Conservation Biology: Voices from the Tropics. John Wiley & Sons.

17. Thapar, V. 1998. Land of the Tiger: A Natural History of the Indian Subcontinent.

18. Warren, C. E. 1971. Biology and Water Pollution Control. WB Saunders.

19. Wilson, E. O. 2006.The Creation: An appeal to save life on earth. New York: Norton.

20. World Commission on Environment and Development. 1987.Our Common Future. Oxford University Press.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BMPD 203-18			
Subject Title:	Mentoring & Professional Development			
Contact Hours:	L:0	T:0	P:2	Credits:1
Examination Duration (hours)	3			
Objective(s):	To learn the life long learning skills.			

Sr. No.	Contents
I	Part-A (Class Activities) 1. Expert and video lectures 2. Aptitude Test 3. Group Discussion 4. Quiz (General/Technical) 5. Presentations by the students 6. Team building Exercises 7* A part of above six points practicals on Fundamentals of Computers are also added as per Annexure-I
II	Part-B (Outdoor Activities) 1. Sports/NSS/NCC 2. Society Activities of various students chapter i.e. ISTE, SCIE, SAE, CSI, Cultural Club, etc.

Evaluation shall be based on rubrics for Part – A & B

Mentors/Faculty incharges shall maintain proper record student wise of each activity conducted and the same shall be submitted to the department.

Semester-III

Sr. No.	Course Code	Course Type	Course Title	L-T-P*	Credits	Marks Distribution		Marks
						Internal	External	
1.	BOPT-301-21	Core Theory	Ocular Microbiology	3-1-0	4	40	60	100
2.	BOPT-302-21	Core Theory	Visual optics –I	3-1-0	4	40	60	100
3.	BOPT-303-21	Core Theory	Optometric optics-I	3-1-0	4	40	60	100
4.	BOPT-304-21	Core Theory	Optometric Instruments	3-1-0	4	40	60	100
5.	BOPT-305-21	Core Theory	Ocular Disease –I	3-1-0	4	40	60	100
6.	BOPT-306-21	Core Theory	Clinical examination of visual system	3-1-0	4	40	60	100
7.	BOPT-307-21	Core Theory	Indian Medicine and Telemedicine	3-0-0	3	40	60	100
8.	BOPT-308-21	Core Practical/Lab	Clinical Optometry-I	0-0-6	3	60	40	100
		Total		21-6-6	30	340	460	800

Semester-IV

Sr. No.	Course Code	Course Type	Course Title	L-T-P*	Credits	Marks Distribution		Marks
						Internal	External	
1.	BOPT-401-21	Core Theory	Optometric optics – II & Dispensing Optics	3-1-0	4	40	60	100
2.	BOPT-402-21	Core Theory	Visual Optics- II	3-1-0	4	40	60	100
3.	BOPT-403-21	Core Theory	Ocular Disease –II and glaucoma	3-1-0	4	40	60	100
4.	BOPT-404-21	Core Theory	Pathology	3-1-0	4	40	60	100
5.	BOPT-405-21	Core Theory	Basic and Ocular Pharmacology	3-1-0	4	40	60	100
6.	BOPT-406-21	Core Theory	Introduction to Quality & Patient safety	3-0-0	3	40	60	100
7.	BOPT-407-21	Core Practical/Lab	Clinical optometry-II	0-0-6	3	60	40	100
		Total		12-3-14	22	300	400	700

SEMESTER-III

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 301-21			
Subject Title:	Ocular Microbiology			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	This course covers the basic biological, biochemical and pathogenic characteristics of pathogenic organisms.			

Details of the Course

Unit-1	Introduction to microbes and microscopes	12 Hours
Chapter 1.1	History of Microbiology and Microscopy	
	History of Microbiology and Microscopy- Meaning, definition and history of Microbiology, Importance and applications of Microbiology.	
Chapter 1.2	Principles and mechanisms of different microscopy	
	Principles and mechanisms of different microscopy – bright field, dark field, phase-contrast, fluorescent and electron microscopy (SEM and TEM). Ocular and stage micrometers. Size determination of microorganisms.	
Chapter 1.3	Principles and types of stains	
	Principles and types of stains -Simple stain, differential stain, negative stain, structural stains - spore, capsule, flagella. Hanging-drop method, wet mount method Ocular bacterial, Fungal Infections	
Unit-2	Bacteria and Virus	12 Hours
Chapter 2.1	Biology of Prokaryotic and Eukaryotic Microorganisms	
	Biology of Prokaryotic and Eukaryotic Microorganisms- Outline classification of living organisms: Prokaryotes - General characteristics of bacteria, archaebacteria, rickettsias, mycoplasmas, cyanobacteria and actinomycetes., Outline classification for bacteria as per the second edition of Bergey's Manual of Systematic Bacteriology (up to order level Structure and multiplication of lambda bacteriophage.	

	Eukaryotes - General characteristics and classification (up to the order level) of eukaryotic microorganisms - Protozoa, microalgae, molds and yeasts. Hospital Infections- causative agents, transmission methods, investigation prevention and control, principles and practice of biomedical waste management	
Chapter 2.2	Bacteria	
	Cell structure, elementary idea about classification and morphological basis. Staining reactions: Gram staining, spore staining, acid fast staining. Bacterial growth: nutritional requirements, physical factor affecting, culture media, and growth curve. Elementary idea about bactericidal agents: Phenol, alcohol. Sterilization (principles, types & methods). Pasteurization. Antibiotics: Bacteriostatic and bactericidal effects	
Chapter 2.3	Virus	
	Elementary knowledge of viral-morphology, viral genome and classification, viral replication. Herpes viruses, hepatitis viruses, miscellaneous viruses, human immunodeficiency viruses.	
Unit-3	Disinfections, Sterilizations and Fungi and Immunity	14 Hours
Chapter 3.1	Microbiological Techniques	
	Sterilization and disinfection techniques, Principles and methods of sterilization., Physical methods -autoclave, hot-air oven, pressure cooker, laminar air flow, filter sterilization., Radiation methods – UV rays, gamma rays, ultrasonic methods., Chemical methods - Use of alcohols, aldehydes, fumigants, phenols, halogens and hypochlorite's	
Chapter 3.2	Disinfectants	
	Mode of action, use of various disinfectants, testing efficiency of various disinfectants. Preservation of microbial cultures - sub culturing, overlaying cultures with mineral oils, lyophilization, sand cultures, storage at low temperature. Microbial growth & death, Laboratory culture, host pathogen interactions, antimicrobial chemotherapy, pathogenic mechanisms common to external ocular infections process – clinical pathology. Physiology, pathology, treatment & epidemiology of infectious diseases caused by bacteria, virus, fungi & parasitic organisms with emphasis to disease with ocular manifestations & infectious eye diseases in hot climate as in India. AIDS & eye.	
Chapter 3.3	Structure & function of immune system	

	Structure & function of immune system – Structure and function of thymus, spleen & red Bone narrow- Immunity& its types, plasma proteins & immune reaction, cells involved in immune system. Humoral immunity theories of antibody formation. Structure & function of lymph nodes. Structure & function of thymus, spleen & red Bone narrow. Nonspecific immunity, Antibody mediated immunity, specific immunity, cell modified immunity, Active immunity, Passive immunity. Disorder of growth – metaplasia, dysplasia, neoplasia. Circulatory disturbances – thrombosis, infarction, ischemia, embolism. Degeneration (calcification).

Suggested Books

1. General Microbiology by Hans Günter Schlegel, C. ZaOMrosch, M. Kogut
2. General Microbiology by Roger Y. Stanier
3. General Microbiology by Robert F. OMyd

Reference Books

1. Text OMok of Microbiology by Ananthanereyan
2. Medical Microbiology by Paniker& Satish Gupte
3. Practical Medic.al Microbiology by Mackie &MacCartney Volume 1 and volume

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 302-21			
Subject Title:	Visual optics –I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To develop the insight of the basic visual techniques and their optimization and to develop an understanding of the structure of eye and defects of the eye and an understanding of the diffraction and their relation to the correctness of various vision defects			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Review of Geometrical Optics	
	Review of Geometrical Optics: Geometrical Optics, their properties. Optical constants of the eye and their measurement. Purkinje images. Corneal curvature and thickness.	
Chapter 1.2	Optical Defects of the Eye	
	Optical Defects of the Eye- Shape of Cornea, Shape & RI of the lens, Optical axis, Visual axis (angle alpha, Fixation axis (angle gamma), Aberration of the Optical system of eye, Depth of focus, Diffraction & resolving power	
Unit-2		12 Hours
Chapter 2.1	Refractive errors	
	Emmetropia and ametropia, Axial versus spherical ametropia, Myopia Hypermetropia (Hyperopial) Astigmatism.	
Chapter 2.2	Accommodation	
	Accommodation- possible mechanism of accommodation- Schiener disc experiment- theories of accommodation- modern theory- changes in the lens during accommodation- the amplitude of accommodation- the measurement of the amplitude of accommodation	
Chapter 2.3	Presbyopia	
	Depth of field, luminance and blur tolerance- amplitude of accommodation versus age.	

	Presbyopia-near vision addition- estimate of addition-unequal near vision addition- effect of changing the spectacle distance – hypermetropia and accommodation.	
Unit-3		14 Hours
Chapter 3.1	Spectro radiometric curve	
	Spectro radiometric curve- Vλ -λ curve- photopic and scotopic vision CIE standard observes. Photometric quantities and units- Luminous Flux, Lumen- Illuminance, lux Luminous intensity, Candela – Luminance, Candela/m2. Inverse square law and Cosine law of illumination (Illuminance)	
Chapter 3.2	Photometry	
	Photometry- Lumer Brodhum photometer, Guild Flicker photometer- Photocells photo multipliers – photodiodes-noise in physical photometers. Determination lighting of Polar curve of lamps. Glare and glare index- disability glare- discomfort glare- control of glare- contrast Light sources- Special energy distribution- luminous efficacy- color rendering properties- Flicker contracts- Daylight, its properties- color lamp – Incandescent. lamps - low pressure Hg-lamps- High pressure Hg-lamps- Low-pressure NA- lamp- High pressure NA-lamps- Typical applications	

Suggested Books

1. Principles & Practice of Refraction, Duke Elder
2. Ophthalmic Optics & Refraction (System of Opthalmology-Vol. 5), Duke Elder
3. Visual Optics & Refraction- A clinical approach, David D. Michaels
4. OMrish's-Clinical Refraction.

Reference Books

1. Anatomy and physiology of the eye- A.K. Khurrana
2. Ocular Diseases- A.k.Khurrana
3. Will's Eye Manual- Will's

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 303-21			
Subject Title:	Optometric optics-I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	To Measurement of lens power, lens centration using conventional techniques			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Introduction –Light, Mirror, Reflection, Refraction and Absorption	
Chapter 1.2	Prisms –Definition, properties, Refraction through prisms, Thickness difference, Base-apex notation, uses, nomenclature and units, Sign Conventions, Fresnel's prisms, rotary prisms	
Chapter 1.3	Lenses –Definition, units, terminology used to describe, form of lenses	
Chapter 1.4	Vertex distance and vertex power, effectively calculations	
Unit-2		12 Hours
Chapter 2.1	Lens shape, size and types i.e., Spherical, cylindrical and Sphero-cylindrical	
	Transpositions –Simple, Toric and Spherical equivalent	
Chapter 2.2	Prismatic effect, centration, decentration and Prentice rule, Prismatic effect of Planocylinder and Spherocylindrical lenses	
Chapter 2.3	Spherometer & Sag formula, Edge thickness calculations	
Unit-3		14 Hours
Chapter 3.1	Magnification in high plus lenses, Magnification in high minus lenses	
Chapter 3.2	Tilt induced power in spectacles	
Chapter 3.3	Aberration in Ophthalmic Lenses	

Suggested Books

1.Jalie M: The principles of Ophthalmic Lenses, The Association of Dispensing Opticians, London, 1994.

Reference Books

1.David Wilson: Practical Optical Dispensing, OTEN- DE, NSW TAFE Commission,1999 2. C V Brooks, IM OMrish: System for Ophthalmic Dispensing, Second edition, Butterworth Heinemann, USA, 1996

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 304-21			
Subject Title:	Optometric Instruments			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	1. To Visual Acuity chart/drum ,Retinoscope, Trail OMx			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Optotypes and MTF, Spatial Frequency	
Refractive instruments	Test charts standards. Choice of test charts Trial case lenses Refractor (phoropter) head units Optical considerations of refractor units Trial frame design	
Chapter 1.2	Near vision difficulties with units and trial frames	
	Retinoscope – types available Adjustment of Retinoscopes- special features Objective optometry. Infrared optometric devices. Projection charts	
Chapter 1.3		
	Illumination of the consulting room. Brightness acuity test Vision analyzer Pupil meter Potential Acuity Meter Aberrometer	
Unit-2	Ophthalmoscopes and related devices	12 Hours
Chapter 2.1		
	Design of ophthalmoscopes – illumination Design of ophthalmoscopes- viewing	
Chapter 2.2		

	Ophthalmoscope disc Filters for ophthalmoscopy	
Chapter 2.3		
	Indirect ophthalmoscope	
Unit-3		14 Hours
Chapter 3.1		
	Design of ophthalmoscopes – illumination Design of ophthalmoscopes- viewing	
Chapter 3.2		
	Refractometer, Orthoptic Instruments (Synaptophore Only) Color Vision Testing Devices. Fields of Vision and Screening Devices	
Chapter 3.3		
	Scans , ERG , New Instruments	

Suggested Books

1. David Henson: Optometric Instrumentations, Butterworth- Heinnemann, UK, Instrumentation 1991

Reference Books

1. P R Yoder: Mounting Optics in Optical Instruments, SPIE Society of Photo- Optical Instrumentation, 2002

2. G Smith, D A. Atchison: The Eye and Visual Optical Instruments, Cambridge University Press, 1997

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 305-21			
Subject Title:	Ocular Disease-I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	In this course the student will learn general idea of the fundamental aspect of the topic regarding infectious disease of eye and the steps for diagnosing and prevention and management of the infection			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Anterior segment ocular diseases	
	Anterior segment ocular diseases involving orbit, eyelids, adnexa, conjunctiva, cornea, urea, sclera, anterior chamber, iris and lens. Symptomatology, clinical signs, diagnosis, pathogenesis, pathophysiology, systemic disease relationships and treatment of degenerative, infections and inflammatory conditions affecting these structures Disease of the	
Chapter 1.2	Lids	
	Lids – Congenital Deformities of the Lids.	
Chapter 1.3	Inflammatory Conditions of the Lids	
	Oedema of the Lids. Inflammatory Conditions of the Lids. Deformities of the Lid Margins. Deranged Movement of the Eyelids. Neoplasm's of the Lids. Injuries of the Lids.	
Unit-2		12 Hours
Chapter 2.1	Diseases of the Lachrymal Apparatus	
	Diseases of the Lachrymal Apparatus-. Dry Eye. Disease of the Lachrymal Gland. Disease of the Lachrymal Passages. Operations for Chronic Dacryocystitis.	
Chapter 2.2	Disease of the Conjunctiva	
	Disease of the Conjunctiva- Subconjunctival Haemorrhage Infective	

	Conjunctivitis. Follicular Conjunctivitis. Granulomatous Conjunctivitis. Allergic Conjunctivitis. Conjunctivitis Associated with Skin conditions. Degenerative conditions of the Conjunctiva. Vitamin- A Deficiency.	
Chapter 2.3	Cysts and Tumours	
	Cysts and Tumours of the Conjunctiva. Conjunctival Pigmentation. Injuries of the Conjunctiva.	
Unit-3		14 Hours
Chapter 3.1	Disease of the Cornea	
	Disease of the Cornea –Congenital Anomalies. Inflammation of the Cornea (Keratitis). Superficial Keratitis. Deep Keratitis. Vascularisation of Cornea. Opacities of the Cornea. Keratoplasty. Corneal Degenerations. Corneal Dystrophy's. Corneal Pigmentation. Corneal Injuries. Refractive Corneal Surgery. Corneal Ulcer (Bacterial, Viral, Fungal)	
Chapter 3.2	Disease of the Ciliary Body	
	Disease of the Ciliary Body- Inflammations of the Ciliary Body. Purulent Iriodocyclitis, Panophthalmitis). Evisceration.	
Chapter 3.3	Sympathetic Opthalmia	
	Sympathetic Opthalmia. Vogt- Koyanagi – Harada Syndrome. Tumours of the Celery Body. Injuries of the Celery Body. Glaucoma-. Formation of Aqueous Humor. Drainage of Aqueous. Intraocular Pressure (IOP). Ocular Rigidity.	

Suggested Books

1. Adrian bruce, Michael Loughnan: Anterior Eye Disease and Therapeutics A-Z 2nd Edition
2. Ashok Garg: Anterior & Posterior Segment OCT: Current Technology & Future Applications

Reference Books

1. Arturo Perez Arteaga: Anterior Segment Diseases, edition- 2010
2. Roger F. Steinert: Anterior segment optical coherence tomography.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 306-21			
Subject Title:	Clinical examination of visual system			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	Knowing the purpose, setup and devices required for the test, indications and contraindications of the test, step-by-step procedures, documentation of the findings, and interpretation of the findings of the various clinical optometry procedures			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	History taking	
Chapter 1.2	Visual acuity estimation	
Chapter 1.3	Extraocular motility, Cover teat, Alternating cover test	
Chapter 1.4	Hirschberg test, Modified Krimsky	
Chapter 1.5	Pupils Examination	
Chapter 1.6	Maddox Rod	
Chapter 1.7	Van Herrick. External examination of the eye, Lid Eversion	
Unit-2		12 Hours
Chapter 2.1	Schirmer's, TBUT, tear meniscus level, NITBUT (keratometer),	
Chapter 2.2	Color Vision	
Chapter 2.3	Stereopsis	
Chapter 2.4	Confrontation test	
Chapter 2.5	Photo stress test	
Unit-3		14 Hours
Chapter 3.1	Slit lamp bio microscopy. Ophthalmoscopy	
Chapter 3.2	Tonometry, ROPLAS	
Chapter 3.3	Amsler test 19, Contrast sensitivity function test	
Chapter 3.4	Contrast sensitivity function test 20. Saccades and pursuit test	

Suggested Books

1.Devlin, Thomas M., ed. "TextOMok of biochemistry: with clinical correlations." (2006)

2.Ananthanarayan, R "TextOMok Of Microbiology" Orient Longman 6th Edition

3.Ball, A.S." Bacterial Cell Culture" Wiley Pub. 1st Edition

Reference Books

1. Greenwoodd. "Medicalmicrobiology" Churchill Livingstone 17th Edition

2. Panjarathinam, R. "Medical Microbiology" New Age Pub.1st Edition

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 307-21			
Subject Title:	Indian Medicine and Telemedicine			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	At the end of the course student will be aware of the traditional and the latest healthcare system. The student also will get basic knowledge about the telemedicine practices in India especially in eye care.			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Introduction to healthcare delivery system	
Chapter 1.2	Healthcare delivery system in India at primary, secondary and tertiary care	
Chapter 1.3	Community participation in healthcare delivery system	
Chapter 1.4	Health system in developed countries.	
Chapter 1.5	Private Sector in healthcare	
Chapter 1.6	National Health Mission	
Chapter 1.7	National Health Policy	
Chapter 1.8	Issues in Health Care Delivery System in India	
Chapter 1.9	National Health Program-Background objectives, action plan, targets, operations, achievements and constraints in various National Heath Programme.	
Chapter 1.10	Introduction to AYUSH system of medicine	
	Introduction to Ayurveda. Yoga and Naturopathy Unani Siddha Homeopathy Need for integration of various system of medicine	
Unit-2	Health scenario of India- past, present and future	12 Hours
Chapter 2.1	Demography & Vital Statistics	
	Demography – its concept	

	Vital events of life & its impact on demography	
Chapter 2.2	Significance and recording of vital statistics	
Chapter 2.3	. Census & its impact on health policy	
Unit-3	Epidemiology	14 Hours
Chapter 3.1	Principles of Epidemiology	
	Natural History of disease.	
Chapter 3.2	Methods of Epidemiological studies	
Chapter 3.3	Epidemiology of communicable & non-communicable diseases, disease transmission, host defense immunizing agents, cold chain, immunization, disease monitoring and surveillance	

Text Books

Margie Lovett Scott, Faith Prather. Global health systems comparing strategies for delivering health services. Joney& Bartlett learning, 2014 (page 167 -178)

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 308-21			
Subject Title:	Clinical optometry- I			
Contact Hours:	L:0	T:0	P:6	Credits:3
Examination Duration (hours)	3			
Objective(s):	The resident will efficiently develop diagnosis differentials and diagnosis plans based on history intake			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Students will gain additional skills in clinical procedures, interaction with patients and professional personnel. Students will apply knowledge from previous clinical learning experience under the supervision of a registered optometrist. Students are tested on intermediate clinical optometry skills. The practical aspects of the dispensing optics (hand-on in optical), optometric instruments, clinical examination of visual system (Hands-on under supervision) and ocular diseases (Slides and case discussion) will be given to the students during their clinical training.	
Unit-2		12 Hours
Chapter 2.1	Practice of Streak Retinoscopy • Direct Ophthalmoscopy-Normal Fundus • Subjective refraction – fogging, clockdial, fan, JCC, prism balance, TIB, duochrome, cyclodeimia, Slit refraction • Measurement of amplitude of accommodation. • Assessment of children Vision & Paediatric evaluation, diagnosis & management • Writing prescription.	
Unit-3		14 Hours
Chapter 3.1	The students will perform vision examination, refraction and related measurements under the guidance of working clinical optometrist. Evaluation, Diagnosis & Optometric management of children with mental retardation C.P. Dyslexia, Multiple Sensory Motor Haudicap. Visual Disorders in senior citizens, evaluation, diagnosis+ management	

SEMESTER-IV

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 401-21			
Subject Title:	Optometric Optics-II & Dispensing Optics			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	This course covers the the tool power for grinding process, Different types of materials used to make lenses and its characteristics. Lens designs–Bifocals, progressive lens			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Spectacle Lenses – II	
	Manufacture of glass • Lens materials • Lens surfacing • Principle of surface generation and glass cements • Terminology used in Lens workshop • Lens properties • Lens quality • Faults in lens material • Faults on lens surface • Methods of Inspecting the quality of lenses • Safety standards for ophthalmic lenses (FDA, ANSI, ISI, Others)	
Chapter 1.2	Spectacle Frames	
	• Types and parts • Classification of spectacle frames-material, weight, temple position, Coloration • Frame construction • Frame selection • Size, shape, mounting and field of view of ophthalmic lenses	

Chapter 1.3	Tinted & Protective Lenses	
	• Characteristics of tinted lenses Absorptive Glasses • Polarizing Filters, Photochromic & Reflecting filters • Safety lenses-Toughened lenses, Laminated Lenses, CR 39, PolycarOMnate	
Chapter 1.4	Multifocal Lenses	
	• Introduction, history and development, types • Bifocal lenses, Trifocal & Progressive addition lenses	
Unit-2		12 Hours
Chapter 2.1	Reflection from spectacle lens surface & lens coatings:	
	• Reflection from spectacle lenses - ghost images -Reflections in bifocals at the dividing line • Antireflection coating, Mirror coating, Hard Multi Coating [HMC], Hydrophobic coating	
Chapter 2.2	Miscellaneous Spectacle	
	• Iseikonic lenses • Spectacle magnifiers • Recumbent prisms • Fresnel prism and lenses • Lenticular &A spherical lenses • High Refractive index glasses	
Unit-3	Dispensing Optics	14 Hours
Chapter 3.1	Components of spectacle prescription & interpretation, transposition, Add and near power relation	
Chapter 3.2	Frame selection –based on spectacle prescription, professional requirements, age group, face shape	
Chapter 3.3	Measuring Inter-pupillary distance (IPD) for distance & near, bifocal height	
Chapter 3.4	Lens & Frame markings, Pupillary centers, bifocal heights, Progressive markings & adjustments –facial wrap, pantoscopic tilt	
Chapter 3.5	Recording and ordering of lenses (power, add, diameter, base, material, type, lens enhancements)	
Chapter 3.6	Faults in spectacles (lens fitting, frame fitting, patients complaints, description, detection and correction)	
Chapter 3.7	Final checking & dispensing of spectacles to customers, counseling on wearing & maintaining of spectacles, Accessories –Bands, chains, OMxes, slevets, cleaners, screwdriver kit	

Chapter 3.8	Spectacle repairs –tools, methods, soldering, riveting, frame adjustments
Chapter 3.9	Special types of spectacle frames
	• Monocles • Ptosis crutches • Industrial safety glasses • Welding glasses
Chapter 3.10	Frame availability in Indian market FAQ's by customers and their ideal answers

Suggested Books

1. Jalie MO: Ophthalmic lens and Dispensing, 3rd edition, Butterworth –Heinemann, 2008

2. Troy E. Fannin, Theodore Grosvenor: Clinical Optics, 2nd edition, Butterworth – Heinemann, 1996

Reference Books

1. C W Brooks, IM OMrish: System for Ophthalmic Dispensing, 3rdedition, Butterworth - Heinemann, 2007

2. Michael P Keating: Geometric, Phisical & Visual Optics, 2nd edition, Butterworth Heinemann, 2002.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 402-21			
Subject Title:	Visual Optics-II			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	The course aims to develop the insight of the basic visual techniques and their optimization and to develop an understanding of the diffraction and their relation to the correctness of various vision defects			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Spectacle refraction (F) &ocular refraction(K)	
	Correction of myopia- spectacle refraction (F) – ocular refraction(K) – Relationship between F and K. correction of hypermetropia- the effect of vertex distance change. Correction of ametropia with thick lenses. Some problems involving K.	
Chapter 1.2	Blurred images in the reduced and simplified schematic eyes	
	Clear and blurred images in the reduced and simplified schematic eyes. The visual axis. Pupil size and blur disc diameter. Depth of field. retinal image size in uncorrected reduced eye. Spectacle magnification in reduced and corrected eyes. Nodal points and clear image size. Retinal images with a near object.	
Chapter 1.3	Magnification	
	Spectacle magnification in near vision. The simple magnifier. Relative spectacle magnification. Correction of spherical ametropia with contact lens. Spectacle magnification with a contact lens.	
Unit-2		12 Hours
Chapter 2.1	Ammetropia	
	Ammetropia in the actual human eye. The growth of the human eye in emmetropia. Spherical ametropia in adult eye. Genetic aspects of refractive error. Summary of the causative factors involved in ametropia.	

Chapter 2.2	Progressive myopia	
	Progressive myopia. Juvenile stress myopia.	
Chapter 2.3	Aphakia	
	Aphakia. Reflective error in aphakia. The retinal image size in aphakia. Correction of aphkia by a contact lens. Use of an intraocular implant. Power of the implant and retinal image size. Clinical aspects of aphakia.	
Unit-3		14 Hours
Chapter 3.1	Astigmatism	
	Astigmatism. → Oblique astigmatism. Astigmatism in the reduced eye. The retinal images of point and extended objects.	
Chapter 3.2	Correction of astigmatism	
	Classification of astigmatism. Correction of astigmatism by sphero-cylindrical, toric and contact lenses Retinoscopy – principle and use. Clinical recording of standard of vision-visual acuity. Review of subjective refractive methods.	
Chapter 3.3	Review of objective refractive methods	
	Problem of review of objective refractive methods Cross cylindrical method of detecting astigmatism	

Suggested Books

1. William Davis (P): Understanding Human Anatomy and Physiology MC Graw Hill

2.Chaurasia: A Text OMok of Anatomy

3. Steven H. Schwartz: Geometrical and Visual Optics, Second Edition

Reference Books

1. Ronald B. Rabbetts: Bennett and Rabbett's Clinical Visual Optics, 4th Edition

2. Alan H. Tunnacliffe: Introduction to Visual Optics.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 403-21			
Subject Title:	Ocular Disease-II and Glaucoma			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	At the end of the course the students will be knowledgeable in the following aspects of ocular diseases: knowledge on vision defects			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Retina and Vitreous	
	• Applied Anatomy • Congenital and Developmental Disorders (Optic Disc: ColoOMma, Drusen, Hypoplasia, Medullated nerve fibers; Persistent Hyaloid Artery) • Inflammatory disorders (Retinitis: Acute purulent, Bacterial, Virus, mycotic • Retinal Vasculitis (Eales's) • Retinal Artery Occlusion (Central retinal Artery occlusion) • Retinal Vein occlusion (Ischaemic, Non-Ischaemic, Branch retinal vein occlusion) • Retinal degenerations: Retinitis Pigmentosa, Lattice degenerations • Macular disorders: Solar retinopathy, central serous retinopathy, cystoid macular edema, Age related macular degeneration. • Retinal Detachment: Rhegmatogenous, Tractional, Exudative) • Retina blastoma • Diabetic retinopathy	
Chapter 1.2	Ocular Injuries: Terminology	
	Closed globe injury (Contusion, lamellar laceration) Open globe injury (Rupture, laceration, penetrating injury, perforating injury) • Mechanical injuries (Extraocular foreign Body, blunt trauma, perforating injury, sympathetic ophthalmitis) • Non-Mechanical Injuries (Chemical injuries, Thermal, Electrical, Radiational) • Clinical approach towards ocular injury patients	

Unit-2		12 Hours
Chapter 2.1	Lens	
	• Applied Anatomy and Physiology • Clinical examination • Classification of cataract • Congenital and Developmental cataract • Acquired (Senile, Traumatic, Complicated, MetaOMlic, Electric, Radiational, Toxic) • Morphological: Capsular, Subcapsular, Cortical, Supranuclear, Nuclear, Polar. • Management of cataract (non-surgical and surgical measures; preoperative evaluation, Types of surgeries,) • Complications of cataract surgery • Displacement of lens: Subluxation, Displacement • Lens coloOMma, Lenticonus, Microsperophakia.	
Chapter 2.2	Clinical Neuro-ophthalmology	
	• Anatomy of visual pathway • Lesions of the visual pathway • Pupillary reflexes and abnormalities (Amaurotic light reflex, Efferent pathway defect, Wernicke's hemianopic pupil, Marcus gunn pupil. Argyll Robetson pupil, Adie's tonic pupil) • Optic neuritis, Anterior Ischemic optic neuropathy, Papilledema, optic atrophy • Cortical blindness • Malingering • Nystagmus • Clinical examination	
Unit-3		14 Hours
Chapter 3.1	Glaucoma	
	• Applied anatomy and physiology of anterior segment • Clinical Examination • Definitions and classification of glaucoma • Pathogenesis of glaucomatous ocular damage • Congenital glaucoma's • Primary open angle glaucoma	

	• Ocular hypertension • Normal Tension Glaucoma • Primary angle closure glaucoma (Primary angle closure suspect, Intermittent glaucoma, acute congestive, chronic angle closure) • Secondary Glaucoma's • Management: common medications, laser intervention and surgical techniques

Suggested Books

1.A K Khurana: Comprehensive Ophthalmology, 4th edition, new age international (p) Ltd. Publishers, New Delhi, 2007

Reference Books

1. Stephen J. Miller : Parsons Diseases of the Eye, 18th edition, Churchill Livingstone, 1990

2. Jack J. Kanski Clinical Ophthalmology: A Systematic Approach, 6th edition, Butterworth Heinemann, 200

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 404-21			
Subject Title:	Pathology			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	At the end of the course the students will be knowledgeable Inflammation and repair aspects, Pathology of various eye parts and adnexa.			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Inflammation and repair	
Chapter 1.2	Infection in general	
Chapter 1.3	Specific infections	
	• Tuberculosis • Leprosy • Syphilis • Fungal infection • Viral chlamydial infection	
Chapter 1.4	Neoplasia	
Unit-2		12 Hours
Chapter 2.1	Hematology	
	• Anemia • Leukemia • Bleeding disorders	
Chapter 2.2	Circulatory disturbances	
	• ThromoMsis • Infarction EmOMlism	
Chapter 2.3	Clinical pathology	
	• Interpretation of urine report • Interpretation of blood smears.	
Unit-3		14 Hours

Chapter 3.1	Immune system
Chapter 3.2	Shock, Anaphylaxis
Chapter 3.3	Allergy

Suggested Books

1. K S Ratnagar: Pathology of the eye & orbit, Jaypee brothers Medical Publishers, 1997

Reference Books

1. Corton Kumar and Robins: Pathological Basis of the Disease, 7th Edition, Elsevier, New Delhi, 2004.

2. S R Lakhani Susan AD & Caroline JF: Basic Pathology: An introduction to the mechanism of disease, 1993.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 405-21			
Subject Title:	Basic and Ocular Pharmacology			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	At the end of the course the students will be knowledgeable of basic principle of pharmacokinetics & Pharmacodynamics and Commonly used ocular drugs, mechanism, indications, contraindications, drug dosage and adverse effects			

Details of the Course

Unit-1	General Pharmacology	12 Hours
Chapter 1.1	Introduction & sources of drugs, Routes of drug administration, Pharmacokinetics (emphasis on ocular pharmacokinetics), Pharmacodynamics & factors modifying drug actions	
Chapter 1.2	Systemic Pharmacology	
	Autonomic nervous system: Drugs affecting papillary size and light reflex, Intraocular tension, Accommodation; Cardiovascular system: Antihypertensive sand drugs useful in Angina; Diuretics: Drugs used in ocular disorders; Central Nervous System: Alcohol, sedative hypnotics, General & local anesthetics, Opioids & non-opioids; Chemotherapy : Introduction on general chemotherapy, Specific chemotherapy –Antiviral, antifungal, antibiotics; Hormones : Corticosteroids, Antidiabetics; Blood Coagulants	
Unit-2		12 Hours
Chapter 2.1	Ocular Pharmacology	
	Ocular preparations, formulations and requirements of an ideal agent; Ocular Pharmacokinetics, methods of drug administration & Special drug delivery system; Ocular Toxicology	
Unit-3		14 Hours
Chapter 3.1	Diagnostic & Therapeutic applications of drugs used in Ophthalmology: Diagnostic Drugs & biological agents used in ocular surgery, Anesthetics used in ophthalmic procedures, Anti-glaucoma drugs; Pharmacotherapy of	

	ocular infections –Bacterial, viral, fungal & chlamydial; Drugs used in allergic, inflammatory& degenerative conditions of the eye; Immune modulators in Ophthalmic practice, Wetting agents & tear substitutes, Antioxidants

Suggested Books

1. K D Tripathi: Essentials of Medical Pharmacology. 5th edition, Jaypee, New Delhi, 2004

2. Ashok Garg: Manual of Ocular Therapeutics, Jaypee, New Delhi, 1996

Reference Books

1. T J Zimmerman, K S Kooner : Text OMok of Ocular Pharmacology, Lippincott-Raven, 1997

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 406-21			
Subject Title:	Introduction to Quality & Patient safety			
Contact Hours:	L:3	T:1	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	At the end of the course, students will gain introductory knowledge about quality and patient safety aspects from Indian perspectives			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Quality assurance and management	
Chapter 1.2	Basics of emergency care and life support skills	
Unit-2		12 Hours
Chapter 2.1	Biomedical waste management and environment safety	
Chapter 2.2	Infection and prevention control	
Unit-3		14 Hours
Chapter 3.1	Antibiotic resistance	
Chapter 3.2	Disaster preparedness and management	

Suggested Books

1. Patricia Barkway. Psychology for health professionals, 2nd edition, Elsevier, 2013

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 407-21			
Subject Title:	Clinical optometry-II			
Contact Hours:	L:3	T:1	P:6	Credits:3
Examination Duration (hours)	3			
Objective(s):	The resident will efficiently develop diagnosis differentials and diagnosis plans based on history intake.			

Details of the Course

Unit-1		12 Hours
Chapter 1.1	Students will improve their skills in clinical procedures, and then progressive interactions with patients and professional personal are monitored as students practice optometry in supervised setting. Additional area includes problem solving and complications of various managements will be inculcated. Students should have exposure to eye bank facilities and must be made aware of eye donation, collection of eyes, preservation, pre and post-operative instructions and latest techniques for preservation of donor cornea. The students will get clinical training on the practical aspects of the following courses namely optometric optic-–II & dispensing optics, visual optics – II and ocular disease -II.	
Unit-2		12 Hours
Chapter 2.1	Sports vision. Refraction in special cases (pseudophakia, aphakia, irregular corneal astigmatism, coloboma of iris, choroids, retina, nystagmus, post R.K., PRK, LASIK) Congenital cataract, glaucoma. Patient with low vision. Patient with anisometropia (Anisokonia) Monocular & binocular subjective refraction	
Unit-3		14 Hours
Chapter 3.1	Non- Strabismic Biuoculan Disorders. Neuro- Optometric Rehabilitation. Strabismus & Aniblyopia. Evaluation, Diagnosis & Optometric management of children with mental retardation C.P. Dyslexia, Multiple Sensory Motor Haudicap. Refraction in special cases (pseudophakia, aphakia, irregular corneal astigmatism, coloboma of iris, choroids, retina, nystagmus, post R.K., PRK, LASIK)	

Semester-V

Sr. No.	Course Code	Course Type	Course Title	L-T-P*	Credits	Marks Distribution		Marks
						Internal	External	
1.	BOPT 501-21	Core Theory	Contact lens-I	3-1-0	4	40	60	100
2.	BOPT 502-21	Core Theory	Low vision and Rehabilitation-I	3-0-0	3	40	60	100
3.	BOPT 503-21	Core Theory	Geriatric Optometry & Pediatric optometry	3-0-0	3	40	60	100
4.	BOPT 504-21	Core Theory	Binocular vision-I	3-0-0	3	40	60	100
5.	BOPT 505-21	Core Theory	Systemic disease	3-1-0	4	40	60	100
6.	BOPT 506-21	Core Theory	Research Methodology & Biostatistics	3-1-0	4	40	60	100
7.	BOPT 507-21	Core Practical/Lab	Contact lens-I Practical	0-0-4	2	60	40	100
8.	BOPT 508-21	Core Practical/Lab	Binocular vision-I Practical	0-0-4	2	60	40	100
9	BOPT 509-21	Core Practical/Lab	Clinical Optometry-III	0-0-6	3	60	40	100
		Total		18-3-14	28	420	480	900

Semester-VI

Sr. No.	Course Code	Course Type	Course Title	L-T-P*	Credits	Marks Distribution		Marks
						Internal	External	
1.	BOPT 601-21	Core Theory	Contact lens-II	3-1-0	4	40	60	100
2.	BOPT 602-21	Core Theory	Binocular vision-II	3-1-0	4	40	60	100
3.	BOPT 603-21	Core Theory	Community Optometry	3-0-0	3	40	60	100
4.	BOPT 604-21	Core Theory	Low Vision and Rehabilitation - II	3-0-0	3	40	60	100
5.	BOPT 605-21	Core Theory	Medical Law and Ethics	3-0-0	3	40	60	100
6.	BOPT 607-21	Core Practical/Lab	Contact lens-II Practical	0-0-4	2	60	40	100
7	BOPT 608-21	Core Practical/Lab	Binocular vision-II Practical	0-0-4	2	60	40	100
8	BOPT 609-21	Core Practical/Lab	Clinical Optometry-IV	0-0-6	3	60	40	100
		Total		15-2-14	22	380	420	800

SEMESTER-V

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 501-21			
Subject Title:	Contact Lens-I			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	This course deal with the definition of low vision, epidemiology aspect of visual impairment, types of low vision devices and its optical principles, clinical approach of the low vision patients, assistive devices for totally visually challenged, art of prescribing low vision devices and training the low vision patients.			

Details of the Course

Unit-1	10Hours
	Introduction to Contact lenses Definition; Classification / Types; History of Contact Lenses Optics of contact lens Magnification & Visual field; Accommodation & Convergence; Back & Front Vertex power / Vertex distance calculation Tear film; Cornea; Lids & Conjunctiva
Unit-II	10Hours
	Introduction to CL material Monomers; Polymers Properties of CL materials Physiological (Dk, Ionicity, Water content); Physical (Elasticity, Tensile strength, Rigidity); Optical (Transmission, Refractive index) Indications and contraindications Parameters / Designs of Contact Lenses & Terminology
Unit-III	10Hours
	RGP Contact Lens materials Manufacturing Rigid and Soft Contact Lenses – various methods

	Pre-Fitting examination steps, significance, recording of results; Correction of Astigmatism with RGP lens , Types of fit Steep, Flat, Optimum – on spherical corneawith spherical lenses
Unit-IV	10Hours
	Calculation and finalising Contact lens Ordering Rigid Contact Lenses – writing a prescription to the Laboratory Checking and verifying Contact lenses Checking and verifying Contact lenses from Laboratory; Modifications possible with Rigid lenses Common Handling Instructions Insertion & Removal Techniques; Do's and Dont's Care and Maintenance Cleaning agents &Importance; Rinsing agents & Importance; Disinfecting agents & importance; Lubricating & Enzymatic cleaners Follow up visit examination; Complications of RGP lenses

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 502-21			
Subject Title:	Low Vision and Rehabilitation-I			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	This course deal with the definition of low vision, epidemiology aspect of visual impairment, types of low vision devices and its optical principles, clinical approach of the low vision patients, assistive devices for totally visually challenged, art of prescribing low vision devices and training the low vision patients.			

Details of the Course

Unit-I	**Introduction** Definitions & classification of Low vision; Epidemiology of low vision [magnitude]	10 Hours
Unit II	**Pre-clinical evaluation of low vision patients** Functional needs assessment, prognostic & psychological factors;psycho-social impact of low vision;	10 Hours
Unit-III	**Types of low vision aids** – optical aids; non-optical aids; electronic devices; Assistive technology devices, Optics of low vision aids, assessment of visual acuity, visual field; Selection of low vision aids, instruction & training; Pediatric Low Vision care	10 hours
Unit-IV	**Dispensing Low vision devices** Low vision aids – dispensing & prescribing aspects Visual rehabilitation & counseling; Legal aspects of Low vision in India; Eye Disorders & Low vision; Introduction to Optometry rehabilitation Practice; Model of Low Vision services in India; Introduction to Optometry rehabilitation Practice; Clinical Case Presentation	10 hours

Suggested Books

- Christine Dickinson: Low Vision: Principles and Practice Low vision care, 4th edition, Butterworth Heinemann, 1998
- Low vision : jaypee Bros : Monica Chaudhry
- E Vaithilingam: practice of Low vision – A guidebook, Medical Research Foundation, 2000.

References books

- Richard L. Brilliant: Essentials of Low Vision Practice, Butterworth-Heinemann, 1999
- Helen Farral: optometric Management of Visual Handicap, Blackwell Scientific publications, 1991AJ Jackson, J S Wolffsohn: Low Vision Manual, Butterworth Heinnemann, 2007

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 503-21			
Subject Title:	Geriatrics optometry & Pediatric Optometry			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	This course is designed to provide the students adequate knowledge in theoretical and practical aspects of diagnosis, and management of eye conditions related to geriatric as well as pediatric population.			

Details of the Course

Unit-I	**Introduction:** Structural changes of eye in elderly, Morphological changes of eye in elderly, Physiological changes in eye in the course of aging. **Introduction to geriatric medicine** – epidemiology Need for optometry care, Systemic diseases (Hypertension, Atherosclerosis, coronary heart disease, congestive Heart failure, Cerebrovascular disease, Diabetes, COPD)	10 Hours
Unit-II	**Optometric Examination of the Older Adult:** Ocular diseases common in old eye with special reference to cataract, glaucoma, macular disorders, Vascular diseases of the eye. **Contact lenses in elderly:** Pharmacological aspects of aging, Low vision causes, management and rehabilitation in geriatrics.	15 Hours
Unit-III	**Introduction:** The Development of Eye and Vision, History taking: Peadiatric subjects Assessment of visual acuity **Normal appearance, pathology and structural anomalies:** Orbit, Eye lids, Lacrimal system; Conjunctiva, Cornea, Sclera, Anterior chamber, Uveal tract, Pupil; Lens, vitreous, Fundus; Oculomotor system.	10 Hours
Unit-IV	**Refractive Examination:** Determining binocular status, Determining sensory motor adaptability, Compensatory treatment and remedial therapy for: Myopia, Pseudomyopia, Hyperopia, Astigmatism, Anisometropia, Amblyopia, Remedial and compensatory treatment of Strabismus and Nystagmus, Anterior segment dysgenesis: Aniridia, Microphthalmos, Coloboma, Albinism. **Paediatric eye disorders:** Cataract, Retinopathy of Prematurity, Retinoblastoma; Neuromuscular conditions (myotonic dystrophy, mitochondrial cytopathy), and Genetics Spectacle dispensing for children Paediatric contact lenses, Low vision assessment in children.	15 Hours

Suggested Books

- A.J. Rossenbloom Jr & M.W.Morgan: Vision And Aging, Butterworth- Heinemann, Missouri, 2007.
- Pediatric Optometry - Jerome Rosner, Butterworth, London 1982.
- Pediatric Optometry –William Harvey/ Bernard Gilmartin, Butterworth –Heinemann, 2004.

Reference Books

- DE Rosenblatt, VS Natarajan: Primer on geriatric Care A clinical approach to the older patient, Printers Castle, Cochin, 2002.
- Binocular Vision and Ocular Motility - Von Noorden G K Burian Von Noorden's,2nd Ed., C.V. Mosby Co. St. Louis, 1980.
- Assessing Children's Vision. By Susan J Leat, Rosalyn H Shute, Carol A Westall.45 Oxford:Butterworth-Heinemann, 1999.
- Clinical pediatric optometry. LJ Press, BD Moore, Butterworth- Heinemann, 1993.
- OP Sharma: Geriatric Care –A textbook of geriatrics and Gerontology, viva books, New Delhi, 2005.
- VS Natarajan: An update on Geriatrics, Sakthi Pathipagam, Chennai, 1998

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 504-21			
Subject Title:	Binocular Vision-I			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	This course deals with general and ocular physiological changes of ageing, common geriatric systemic and ocular diseases, clinical approach of geriatric patients, pharmacological aspects of ageing and spectacle dispensing aspects in ageing patients.			

Details of the Course

Unit-1		15 Hours
	Binocular Vision and Space perception Relative subjective visual direction; Retinomotor value;Grades of BSV; SMP and Cyclopean Eye; Correspondence; Fusion, Diplopia, Retinal rivalry Horopter; Physiological Diplopia and Suppression; Stereopsis, Panum's area, BSV; Stereopsis and monocular clues – significance, Egocentric location, clinical applications; Theories of Binocular vision	
Unit-II		10 Hours
	Anatomy of Extra Ocular Muscles: Recti and Obliques, LPS; Innervation & Blood Supply. Near Vision Complex Accommodation 6.1 Definition and mechanism (process); Methods of measurement, Stimulus and innervations; Types of accommodation; Anomalies of accommodation – aetiology and management.	
Unit-III		10 Hours
	Convergence: Definition and mechanism; Methods of measurement; Types and components of convergence - Tonic,	

	accommodative, fusional, proximal; Anomalies of Convergence – aetiology and management.	
Unit-IV		10 Hours
	Sensory adaptations: Confusion, Suppression: Investigations; Management; Blind spot syndrome Amblyopia: Classification; Aeitiology ; Investigation; Management Abnormal Retinal Correspondence: Investigation and management; Blind spot syndrome, Eccentric Fixation: Investigation and management	

Suggested Books

- Pradeep Sharma: Strabismus simplified, New Delhi, First edition, 1999, Modern publishers.
- Fiona J. Rowe: Clinical Orthoptics, second edition, 2004, Blackwell Science Ltd
- Gunter K. V. Mosby Company
- Mitchell Scheiman; Bruce Wick: Clinical Management of Binocular Vision Heterophoric, Accommodative, and Eye Movement Disorders, 2008, Lippincot Williams & Wilkins publishers

Reference books

- Mitchell Scheiman; Bruce Wick: Clinical Management of Binocular VisionHeterophoric, Accommodative, and Eye Movement Disorders, 2008, Lippincot Williams & Wilkinspublisher

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 505-21			
Subject Title:	Systemic Disease			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	This course deals with general and ocular physiological changes of ageing, common geriatric systemic and ocular diseases, clinical approach of geriatric patients, pharmacological aspects of ageing and spectacle dispensing aspects in ageing patients.			

Details of the Course

Unit-1		15 Hours
	Hypertension, Definition, classification, Epidemiology, clinical examination, complications, and management. Hypertensive retinopathy Diabetes Mellitus Classification, pathophysiology, clinical presentations, diagnosis, and management, Complications Diabetic Retinopathy Thyroid Disease Physiology, testing for thyroid disease, Hyperthyroidism, Hypothroidism, Thyroiditis,Thyroid tumors	
Unit-II		10 Hours
	Cancer incidence Etiology of Retinoblastoma & choroidal melanoma Therapy and Ophthalmic consideration Connective Tissue Disease Rheumatic arthritis, Systemic lupus erythematosus, Scleroderma Eye and connective tissue disease Tuberculosis & Ocular Manifestations	
Unit-III		10 Hours

	Herpes virus (Herpes simplex, Varicella Zoster, Cytomegalovirus, Epstein Barr Virus) ,Herpes and the eye Acquired Immunodeficiency Syndrome & Ocular Manifestations Anemia (Diagnosis, clinical evaluation, consequences, Sickle cell disease, treatment, Ophthalmologic considerations) Hyperlipidemias	
Unit-IV		10 Hours
	Vitamin A & Eye Disease Myasthenia Gravis General Medical Emergencies Preoperative precautions in ocular surgery	

Suggested Books

- C Haslett, E R Chilvers, N A boon, N R Coledge, J A A Hunter: Davidson's Principles andPractice of Medicine, Ed. John Macleod, 19th Ed., ELBS/Churchill Livingstone. (PPM), 2002
- Basic and clinical Science course: Update on General Medicine, American Academy of Ophthalmology, Section 1, 1999.

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 506-21			
Subject Title:	Research Methodology & Biostatistics			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	The objective of this module is to help the students understand the basic principles of research and methods applied to draw inferences from the research findings.			

Details of the Course

Unit-1		15 Hours
	Introduction to research methods Identifying research problem Ethics of research	
Unit-II		10 Hours
	Research Methodology Basics of Research design Basics of Types of Data Basics of Research tools and Data collection methods Basics of Sampling methods Developing a research proposal	
Unit-III		10 Hours
	Biostatistics Basics of Biostatistics Introduction of Biostatistics , Sampling, Statistical significance, Correlation, Sample size determination. Statistics– Collection of Data, presentation including classification and diagrammatic representation–frequency distribution. Measures of central tendency, measures of dispersion	
Unit-IV		10 Hours
	Theoretical distributions Binomial Normal	

	Sampling –necessity of methods and techniques. Chi. Square test (2 x 2)	

Suggested Books

- Mausner & Bahn: Epidemiology-An Introductory text, 2nd Ed., W. B. Saunders Co.
- Richard F. Morton & J. Richard Hebd: A study guide to Epidemiology and Biostatistics, 2ndEd., University Park Press, Baltimore.
- Sylvia W Smoller, J Smoller, Biostatistics & Epidemiology A Primer for health and Biomedical professionals, 4th edition, Springs, 2015

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 507-21			
Subject Title:	Contact Lens-I Practical			
Contact Hours:	L:0	T:1	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	This course provides theoretical aspects of Binocular Vision and its clinicalapplication. It deals with basis of normal binocular vision and space perception, Gross anatomy and physiology of extraocular muscles, various binocular vision anomalies, its diagnostic approaches and management			

Details of the Course

1. Measurement of Ocular dimensions
2. Pupillary diameter and lid characteristics
3. Blink rate and TBUT
4. Schrimers test, Slit lamp examination of tear layer
5. Keratometry
6. Placido's disc
7. Soft Contact Lens fitting – Aspherical
8. Soft Contact Lens fitting – Lathe cut lenses
9. Soft Contact Lens over refraction
10. Lens insertion and removal
11. Lens handling and cleaning

Suggested Books

- IACLE modules 1 – 5; CLAO Volumes 1, 2,
- Anthony J. Phillips : Contact Lenses, 5th edition,Butterworth-Heinemann, 2006
- Elisabeth A. W. Millis: Medical Contact LensPractice, Butterworth-Heinemann, 2004
- E S. Bennett ,V A Henry :Clinical manual of ContactLenses, 3rd edition, Lippincott

Williams and Wilkins,2008; Contact lens Primer :Jaypee Bros : Monica Chaudhry

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 508-21			
Subject Title:	Binocular Vision-I Practical			
Contact Hours:	L:0	T:1	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	This course provides theoretical aspects of Binocular Vision and its clinical application. It deals with basis of normal binocular vision and space perception, Gross anatomy and physiology of extraocular muscles, various binocular vision anomalies, its diagnostic approaches and management			

Comprehensive oral examination

Investigation & Management of binocular vision anomalies & Interpret clinical results

1. AC/A Ratio
2. ARC
3. Eccentric fixation
4. Amblyopia
5. Suppression

Suggested Books

- Pradeep Sharma: Strabismus simplified, New Delhi, First edition, 1999, Modern publishers.
- Fiona J. Rowe: Clinical Orthoptics, second edition, 2004, Blackwell Science Ltd
- Gunter K. V. Mosby Company
- Mitchell Scheiman; Bruce Wick: Clinical Management of Binocular Vision Heterophoric, Accommodative, and Eye Movement Disorders, 2008, Lippincot Williams & Wilkins publishers

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 509-21			
Subject Title:	Clinical Optometry - III			
Contact Hours:	L:0	T:1	P:6	Credits:3
Examination Duration (hours)	3			
Objective(s):	The course provides students the opportunity to continue to develop confidence and increased skill in diagnosis and treatment delivery. Students will demonstrate competence in basic, intermediate and advance procedure in those areas. Students will participate in advance and specialized diagnostic and management procedure. Students will get practical experience of the knowledge acquired from geriatric and pediatric optometry courses. Hands- on experience under supervision will be provided in various outreach programmes namely, school vision screening, glaucoma and diabetic retinopathy screening etc., Students also get hand-on practical sessions.			

SEMESTER-VI

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 601-21			
Subject Title:	Contact Lens-II			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	The subject provides the student with suitable knowledge both in theoretical and practical aspects of Contact Lenses.			

Details of the Course

Unit-1	15 Hours
	Pre fitting examination: Review of Basics Patient Selection; Pre screening for contact lens wear Slit Lamp examination; Assessment of Cornea Assessment of Tear film
Unit-II	10 Hours
	Contact lens fitting: Soft contact lens fitting, Soft Toric Contact Lens fitting
Unit-III	10 Hours
	Rigid Contact lens fitting; Managing the Presbyope Silicone Hydrogel Lenses, Extended Wear
Unit-IV	10Hours
	Contact lens care: Contact lens after Care Overview of Special considerations for fitting contact lenses Therapeutic and Prosthetic contact lenses

Suggested Books

- Christine Dickinson: Low Vision: Principles and Practice Low vision care, 4th

edition, Butterworth Heinemann, 1998

- Low vision : jaypee Bros : Monica Chaudhry
- E Vaithilingam: practice of Low vision – A guidebook, Medical Research Foundation, 2000.

Reference books

- Richard L. Brilliant: Essentials of Low Vision Practice, Butterworth-Heinemann, 1999
- Helen Farral: optometric Management of Visual Handicap, Blackwell Scientific publications, 1991AJ Jackson, J S Wolffsohn: Low Vision Manual, Butterworth Heinnemann, 2007

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 602-21			
Subject Title:	Binocular Vision-II			
Contact Hours:	L:3	T:1	P:0	Credits:4
Examination Duration (hours)	3			
Objective(s):	This course deals with understanding of strabismus, its classification, necessary orthoptic investigations, diagnosis and non-surgical management. Along with theoretical knowledge it teaches the clinical aspects and application.			

Details of the Course

Unit-1		15 Hours
	Neuro-muscular anomalies; Classification and etiological factors, History – recording and significance, Accommodative and Non Accommodative convergent squint; Classification; Investigation and Management Divergent Strabismus: Classification; A& V phenomenon; Investigation and Management,	
Unit-II		10 Hours
	Vertical strabismus: Classification; Investigation and Management Paralytic Strabismus: Acquired and Congenital; Clinical Characteristics	
Unit-III		10 Hours
	Distinction from comitant and restrictive Squint, Investigations: History and symptoms; Head Posture; Diplopia Charting; Hess chart; PBCT; Nine directions; Binocular field of vision Amblyopia and Treatment of Amblyopia, Nystagmus, Non-surgical Management of Squint	
Unit-IV		10 Hours
	Restrictive Strabismus Features; Musculo-fascial anomalies; Duane's Retraction	

	syndrome; Clinical features and management, Brown's Superior oblique sheath syndrome; Strabismus fixus; Congenital muscle fibrosis	

Suggested Books

- Pradeep Sharma: Strabismus simplified, New Delhi, First edition, 1999, Modern publishers.
- Fiona J. Rowe: Clinical Orthoptics, second edition, 2004, Blackwell Science Ltd
- Gunter K. V. Mosby Company
- Mitchell Scheiman; Bruce Wick: Clinical Management of Binocular Vision Heterophoric, Accommodative, and Eye Movement Disorders, 2008, Lippincot Williams & Wilkins publishers

Reference books

- Mitchell Scheiman; Bruce Wick: Clinical Management of Binocular VisionHeterophoric, Accommodative, and Eye Movement Disorders, 2008, Lippincot Williams & Wilkinspublisher

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 603-21			
Subject Title:	Community Optometry			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	Introduction to the foundation and basic sciences of public health optometry with an emphasis on the epidemiology of vision problems especially focused on Indian scenario. Also deals with general aspects of occupational health, Visual demand in various job, task analysing method ,visual standards for various jobs, occupational hazards and remedial aspects through classroom sessions and field visit to the factories.			

Details of the Course

Unit-1		10Hours
	Public Health Optometry Concepts and implementation; Stages of diseases; Epidemiology of blindness – Defining blindness and visual impairment; Eye in primary health care; Contrasting between Clinical and community health programs;	
Unit-II		10Hours
	Community Eye Care Programs; Community based rehabilitation programs; Nutritional Blindness with reference to Vitamin A deficiency;	
Unit-III		10Hours
	Vision 2020: The Right to Sight; Screening for eye diseases; National and International health agencies, NPCB; Role of an optometrist in Public Health;	
Unit-IV		10Hours
	Organization and Management of Eye Care Programs – Service Delivery models; Health manpower and planning& Health Economics; Evaluation and assessment of health programmers'	

	Optometrists' role in school eye health programme; Basics of Tele Optometry and its application in Public Health; Information, Education and Communication for Eye Care programs.	

Suggested Books

- R V North: Work and the eye, Second edition, Butterworth Heinnemann, 2001
- BHVI student notes
- GVS Murthy, S K Gupta, D Bachani: The principles and practice of community Ophthalmology, National programme for control of blindness, New Delhi, 2002
- Newcomb RD, Jolley JL : Public Health and Community Optometry, Charles C Thomas Publisher, Illinois, 1980
- Community eye health journals

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 604-21			
Subject Title:	Low Vision and Rehabilitation-II			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	This course deal with the definition of low vision, epidemiology aspect of visual impairment, types of low vision devices and its optical principles, clinical approach of the low vision patients, assistive devices for totally visually challenged, art of prescribing low vision devices and training the low vision patients.			

Details of the Course

Unit-1		15Hours
	Introduction Definitions & classification of Low vision; Epidemiology of low vision [magnitude] Pre-clinical evaluation of low vision patients Functional needs assessment, prognostic & psychological factors; psycho-social impact of low vision;	
Unit-1I		10Hours
	Types of low vision aids – optical aids; non-optical aids ; electronic devices; Assistive technology devices, Optics of low vision aids assessment of visual acuity, visual field; Selection of low vision aids, instruction & training ; Pediatric Low Vision care;	
Unit-1II		15Hours
	Dispensing Low vision devices Low vision aids – dispensing & prescribing aspects Visual rehabilitation & counseling; Legal aspects of Low vision in India; Eye Disorders & Rehabilitation: Model of Low Vision services in India; Low vision; Introduction to Optometry	

	rehabilitation Practice; Model of Low Vision services in India; Introduction to Optometry rehabilitation Practice; Clinical Case Presentation	

Suggested Books

- Christine Dickinson: Low Vision: Principles and Practice Low vision care, 4th edition, Butterworth Heinemann, 1998
- Low vision : jaypee Bros : Monica Chaudhry
- E Vaithilingam: practice of Low vision – A guidebook, Medical Research Foundation, 2000.

References books

- Richard L. Brilliant: Essentials of Low Vision Practice, Butterworth-Heinemann, 1999
- Helen Farral: optometric Management of Visual Handicap, Blackwell Scientific publications, 1991AJ Jackson, J S Wolffsohn: Low Vision Manual, Butterworth Heinnemann, 2007

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 605-21			
Subject Title:	Medical Law & Ethics			
Contact Hours:	L:3	T:0	P:0	Credits:3
Examination Duration (hours)	3			
Objective(s):	Legal and ethical considerations are firmly believed to be an integral part of medical practice in planning patient care. Advances in medical sciences, growing sophistication of the modern society's legal framework, increasing awareness of human rights and changing moral principles of the community at large, now result in frequent occurrences of healthcare professionals being caught indilemmas over aspects arising from daily practice.			

Details of the Course

Unit-I		15Hours
	Medical ethics - Definition - Goal - Scope Introduction to Code of conduct Basic principles of medical ethics –Confidentiality Malpractice and negligence - Rational and irrational drug therapy Autonomy and informed consent - Right of patients	
Unit-II		15Hours
	Introduction –Medico legal case and type- Records and document related to MLC - ownership of medical records - Confidentiality Privilege communication - Release of medical information - Unauthorized disclosure - retention of medical records - other various aspects.	
Unit-III		10Hours
	Professional Indemnity insurance policy , Development of standardized protocol to avoid near miss or sentinel events	

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 607-21			
Subject Title:	Contact Lens-II Practical			
Contact Hours:	L:0	T:1	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	This course provides practical knowledge about contact lens.			

Details of the Course

- Soft Contact Lens fitting – Aspherical
- Soft Contact Lens fitting – Lathe cut lenses
- Soft Contact Lens over refraction
- Lens insertion and removal
- Lens handling and cleaning
- Examination of old soft Lens
- RGP Lens fitting
- RGP Lens Fit Assessment and fluorescein pattern
- Special RGP fitting (Aphakia, pseudophakia & Keratoconus)
- RGP over refraction and Lens flexure
- Examination of old RGP Lens
- RGP Lens parameters
- Slit lamp examination of Contact Lens wearers

Suggested Books

- Anthony J. Phillips : Contact Lenses, 5th edition,Butterworth-Heinemann, 2006
- Elisabeth A. W. Millis: Medical Contact LensPractice, Butterworth-Heinemann, 2004
- E S. Bennett ,V A Henry :Clinical manual of Contact Lenses, 3rd edition, Lippincott Williamsand Wilkins, 2008
- Contact lens Primer: Jaypee Bros : Monica Chaudhry

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 608-21			
Subject Title:	Binocular Vision-II Practical			
Contact Hours:	L:0	T:1	P:4	Credits:2
Examination Duration (hours)	3			
Objective(s):	This course provides practical knowledge of Binocular Vision.			

Practical

Investigations and also Management of Non Strabismic Binocular vision Anomalies

Suggested Books

- Pradeep Sharma: Strabismus simplified, New Delhi, First edition, 1999, Modern publishers.
- Fiona J. Rowe: Clinical Orthoptics, second edition, 2004, Blackwell Science Ltd
- Gunter K. Von Noorden: BURIAN- VON NOORDEN'S Binocular vision and ocular motility theory and management of strabismus, Missouri, Second edition, 1980, C. V. Mosby Company

Reference Book

- Mitchell Scheiman; Bruce Wick: Clinical Management of Binocular Vision Heterophoric, Accommodative, and Eye Movement Disorders, 2008,Lippincot Williams & Wilkins publisher

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY				
Course Name	Bachelor of Optometry			
Subject Code:	BOPT 609-21			
Subject Title:	Clinical Optometry - IV			
Contact Hours:	L:0	T:1	P:6	Credits:3
Examination Duration (hours)	3			
Objective(s):	The course provides students the opportunity to continue to develop confidence and increased skill in diagnosis and treatment delivery. Students will demonstrate competence in basic, intermediate and advance procedure in those areas. Students will participate in advance and specialized diagnostic and management procedure. Students will get practical experience of the knowledge acquired from geriatric and pediatric optometry courses. Hands- on experience under supervision will be provided in various outreach programmes namely, school vision screening, glaucoma and diabetic retinopathy screening etc., Students also get hand-on practical sessions.			