

I.K. GUJRAL PUNJAB TECHNICAL UNIVERSITY

Estd. Under Punjab Technical University Act, 1996
(Punjab Act No. 1 of 1997)

Ref. No. : IKGPTU/Reg/NF/ 89

Dated : 09.03.2021

NOTIFICATION

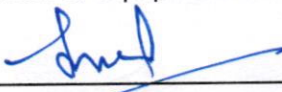

Sub: Guidelines for use of the Gym, IKGPTU Main Campus.

Following Guidelines for use of Gym, IKGPTU Main Campus for Students/Faculty/Officers/Staff members of IKGPTU Main Campus:

1. Membership fee is non-transferable & non-refundable.
2. Submission of completely filled application form is compulsory, after depositing of membership fee, receipt should be attached with the form. Incharge (Sports branch) will allot the timing to users as per the availability.
3. Minimum three months membership is compulsory to apply for availing the facility of Gym. Membership fee is Rs. 250/- per month.
4. Members are required to deposit their identity cards to the official on duty before entering the Gym.
5. Eatables are not allowed to be taken inside the Gym.
6. If the property/equipment of Gym are damaged by any member full amount as per market value will be charged from the member as fine.
7. No member shall interfere in the duty of any staff member of the Gym.
8. Members are advised not to bring any valuable to the Gym. University/Staff on duty bears no responsibility for the safety of belongings.
9. Use the gym facility at your own discretion keeping in view your physical capacities.
10. Members must choose the shift (Morning/Evening) but the shift allotment shall be done by Incharge (Sports branch).

SAFETY & HYGIENE


1. It is necessary that all the Gym members of the Gym wear appropriate clean attire and footwear while using the Gym.
2. If you feel dizzy/faint and unwell or feel any unusual pain then you must stop exercise immediately.
3. Members cannot train in the Gym without a hand towel. In the interest of hygiene, members must wipe down each piece of equipment after use.



I. K. Gujral Punjab Technical University, Jalandhar
Jalandhar Kapurthala Highway, Near Pushpa Gujral Science City, Kapurthala - 144 603
Ph. No. 01822 - 282521, 282501, Email: registrar@ptu.ac.in

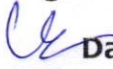
Note:

- Final decision rests with University regarding allotment of Gym membership.
- Enclosed application proforma after depositing of membership fee submission is compulsory, which at least before three working days and must be paid the above mentioned membership fee.

Encl: As above



(Sandeep Kumar Kazal)
Registrar

Endst. No. IKGPTU/Reg/NF/90-93

 **Dated: 09.03.2021**

A copy is forwarded to the following officers for information please.

1. I/C Secretariat, O/o Vice Chancellor: For information of Vice Chancellor
2. All HoDs/ In-charge (Non-Teaching)
3. Director (Main Campus): To inform all Deputy Dean (Faculty), HoDs (Teaching) and students
4. Incharge (ITS): For uploading on website


(Sandeep Kumar Kazal)
Registrar